



Armstrong Article

Campus Newsletter



Sponsored by:



CLASSIC
HOME CARE



September

1 - Curriculum Night - 4pm and 4:45pm
4 - Last chance for Family Giving!
7 - Student Holiday
10 - Individual Picture Day
11 - Teacher for the Day - Family Giving
14-18 Class Contest
16 - PTA General Meeting, 8:15am
16 - All Things Armstrong, Auditorium 8:15am
17 - Pre-K Parent Party
21 - Oct. 7 Ones School, One Book

Stay up to date with Armstrong happenings by [subscribing to the calendar](#).



August 31, 2026

Dear Armstrong Families,

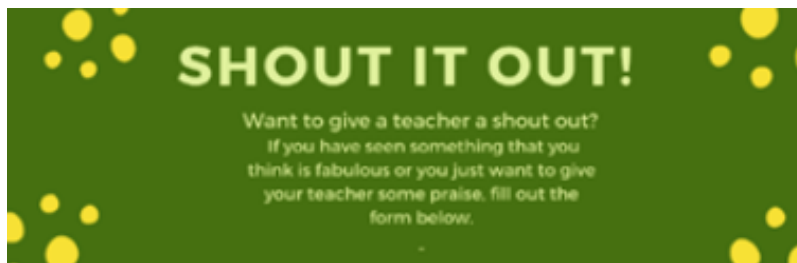
As we all know, the safety and security of our students and staff are of the utmost importance in Highland Park ISD. During the first few weeks of school, we practice a variety of safety drills to ensure that students and staff are familiar with procedures and know how to respond appropriately in an emergency.

We conducted our first fire drill this morning, and our students did an excellent job evacuating the building quickly and safely. Once the drill was complete, we promptly resumed our normal activities and returned to learning.

Tomorrow, **Tuesday, September 1, at 9:30 a.m., we will conduct our first lockdown drill.** Teachers have prepared students for the drill, and we will review the procedures again with students in the morning. During a lockdown, classroom doors are locked, lights are turned off, and students move out of sight. Students remain quiet and behind a locked door until the drill is complete. Our goal is to help students understand these procedures in a calm and age-appropriate manner while ensuring they feel safe and secure at school.

I would also like to make our families aware of another safety update related to traffic around our campus. We are working closely with the Town of Highland Park to promote safe traffic flow and pedestrian safety around Armstrong. You may have noticed Waymo vehicles in and around the school and surrounding community. Lt. Kopa is communicating with Waymo representatives to help limit the number of vehicles around the school perimeter during school hours. Thank you for your continued partnership as we work together to keep our Armstrong students and staff safe. We appreciate your support and understanding as we practice these important procedures throughout the school year.

Thank you for sending in our first staff shoutouts! We love to celebrate all the great things happening at Armstrong! Please take a few minutes to fill out this [Google Form](#) to give a staff member a well-deserved Shout Out!



*Ms. Massey has gone above and beyond to welcome my child in her class this year! She's so gracious, warm and kind. She encourages the students so well. My daughter is so excited to go to school each morning. We are so lucky to have her at Armstrong!

*Ms. Johnson is such a blessing to our family and our school! Her steady calm in the classroom is such a reassurance to our son. She's smart, and a skilled teacher who really gets to know her students so they can have a successful year. Thank you, Ms. Johnson for your hard work and going the extra mile for your class!

As always, I value your input and feedback. Please let me know if you need anything or have any questions. I am available by email or phone at your convenience.

Sincerely,

Betsy Cummins

Betsy Cummins
Principal
cumminb@hpsd.org

-



@armstrong_eagles
@armstrongeaglesHP
@armstrongauction
@thearmstrongdadsclub

Lunch Menus for September 2026



If your student is absent, you can email the teacher and cc arattendance@hpsid.org to let us know. Notifying the teacher is great, but not enough! The office codes the absences so we really need an email!

You can call the office if you are not able to email, but ideally an email is a better paper trail for state reporting.

arattendance@hpsid.org

PTA News

THANK
YOU!



TO OUR
TRAILBLAZERS

A HUGE ROAR OF THANKS
TO MEREDITH CLARK AND
OUR ROOM PARENTS AND
GRADE COORDINATORS
WHO BUCKLED IN LAST
WEEK TO PREPARE FOR A
WILD YEAR! WE COULD NOT
DO THIS WITHOUT YOU!



SAVE THE DATE

2026-2027 SCHOOL YEAR

TUESDAY SEPTEMBER 1

CURRICULUM NIGHT (4PM & 4:45PM)

MONDAY SEPTEMBER 7

STUDENT HOLIDAY

THURSDAY SEPTEMBER 10

INDIVIDUAL PICTURE DAY

WEDNESDAY SEPTEMBER 16

PTA GENERAL MEETING (8:15AM)

SEPTEMBER 14-18

CLASS CONTEST!

SEPTEMBER 16

ALL THINGS ARMSTRONG (8:15AM)

FIRST SESSION: 4:00PM
SECOND SESSION: 4:45PM

curriculum night

A green yard sign with the text "Wild about ARMSTRONG" in gold and white. To the right of the sign is the rear of a dark car with a white decal on the window.

September 1: Curriculum Night (Session 1, 4:00 PM & Session 2, 4:45 PM) Get a guide's-eye view of what your child will be exploring this year! Join us in the classrooms to walk through expectations, subject goals, and daily routines with our expert teaching staff.

Family Giving Reminder

A big thank you to all of our Family Giving donors for supporting our school! Yard signs and car decals will be available for donors to pick up during Curriculum Night this Tuesday. All other Family Giving benefits will be coming soon—stay tuned!

Wild
about
ARMSTRONG



DALLAS DENTAL
wellness

Family Giving closes this Friday, September 4, so there's still time to participate and support our school! Our goal is 100% participation and we are almost there!

SAFARI SOIRÉE

A WILD NIGHT

2026 COMMUNITY SPONSORSHIP OPPORTUNITIES

THE GRAND SAFARI

\$25,000

~~SOLD~~

Presenting Sponsor

THE GOLDEN SAVANNAH

\$18,000

AVAILABLE The Mane Event Live Auction

~~SOLD~~

Production Sponsor

THE CALL OF THE WILD

\$7,500

AVAILABLE Custom Cups

AVAILABLE Photo Booth

AVAILABLE Lucky Lion Raffle

AVAILABLE Untamed Experience

THE PATHFINDER

\$2,500

AVAILABLE Check-in Table

~~SOLD~~

Bar Menu

~~SOLD~~

Branded Pillow

~~SOLD~~

Restroom Refresh

~~SOLD~~

Custom Napkins

~~SOLD~~

Invitation

~~SOLD~~

Sketch Artist

MIDNIGHT EXPEDITION

\$20,000

~~SOLD~~

Entertainment Sponsor

THE RESERVE

\$10,000

AVAILABLE Reserved Lounge - Three Available

THE WILD SIDE

\$10,000

AVAILABLE Live Auction Bid Paddle

AVAILABLE The Watering Hole Martini Bar

~~SOLD~~

Faculty Table

~~SOLD~~

Valet

THE BIG FIVE

\$5,000

AVAILABLE Food Stations

AVAILABLE Specialty Drink

AVAILABLE Sweets on the Serengeti Dessert

~~SOLD~~

Silent Auction

~~SOLD~~

Swizzle Sticks

~~SOLD~~

Photography

~~SOLD~~

Table Numbers

~~SOLD~~

Table Centerpiece

~~SOLD~~

Wild Welcome

THE CANOPY CLUB

\$1,000

AVAILABLE Canopy Club Sponsorship

QUESTIONS OR READY TO SPONSOR?

November 13, 2026 • armstrongauction2026@gmail.com

Get ready to go wild for Armstrong!

Safari Soirée: A Wild Night is coming to the Dallas Country Club on November 13—with festive drinks, delicious bites, incredible auction items and a wildly fun evening with our Armstrong community!

Want to help bring the adventure to life? Sponsorship opportunities are available for Armstrong families and local businesses, but several have already been claimed!

From Live Auction Bid Paddle and Reserved Lounges to Food Stations and Photo Booth, there are still great opportunities available at a variety of sponsorship levels.

Secure your spot before the remaining opportunities disappear.

Email armstrongauction2026@gmail.com



Family Giving closes September 4, 2026. Your donations directly fund central campus resources, teacher development and vital instructional materials.



Community Sponsorship Opportunities (graphic attached for the picnic. we don't have one for movie night - break this up if needed. whatever you think looks best)

We are currently seeking **Title Sponsors** for **Founder's Day Family Picnic on October 9** and **Family Movie Night on October 23**. This is a wonderful opportunity to support our Armstrong community. Interested in sponsoring? We'd love to partner with you! Please reach out to Megan Morrow, VP Development, for more info!

★ Cafeteria Shifts Available ★

2nd Tuesday

2nd Wednesday

substitute sign up!

10:50am-12:50pm

please contact:

Jimmy Ogden
jimmy.ogden@gmail.com



**VOLUNTEERS
NEEDED**

Your last two opportunities for a regular shift in the cafeteria are the 2nd Tuesday and 2nd Wednesday of the month, if either of those works for you please let me know.

We will have plenty of need for substitutes this year. Please sign up here to put yourself on the Cafeteria Sub list. Sign up for each day that might work for you.

As a reminder we need everyone who is signed up for the cafeteria to complete the Cafeteria Volunteer Guidelines and Handwashing Procedures.

To volunteer at any HPISD campus, you need to complete the HPISD background check form. When you arrive at campus to sign in, always sign as a Volunteer, not a Visitor.

If you have any cafeteria volunteering questions, please contact Jimmy at 214-998-9458 or jimmy.ogden@gmail.com.

Community News

HP

Tennis Academy



2026 Fall Program
August 24 – December 5

Elite/Tournament Training
& Lower School



HPS
SCOTS
CYCLING

September 10th, 5:15pm
Origin Bank
8411 Preston Road

KICK OFF MEETING!

*Did you know mountain biking is one of the fastest
growing sports in America?*



www.hpscotscycling.com

***Boys and GIRLS 5th -12th grades welcome* Check us out!**





SISTERS BY FRINGE



The award-winning Highland Belles Drill Team will host its annual Spaghetti Supper and Online Auction/Raffle fundraiser on **Friday, September 11, 2026**, in the HPHS Cafeteria. A fun-filled family night is planned to rally Scots spirit before the Highland Park vs. Tyler football game at 7pm. Dinner and Raffle Tickets are available for purchase at SupportTheBelles.org.

This year's theme, Sisters by Fringe, builds on the team's 44-year tradition of the Spaghetti Supper, which is Belles only fundraiser, and hosts hundreds of Highland Park ISD families for dinner and prizes. Proceeds from event fund many of the drill team's essentials including bus transportation, props, sound systems and competition expenses.

The Highland Belles would like to thank the numerous friends and local businesses, including **Amore Italian Bistrot**, **Title Sponsor Origin Bank**, **Presenting Spaghetti Supper Sponsor Johnson Oral Facial Surgery**, and **Presenting Auction Sponsor Turtle Creek Lane** that have provided underwriting, 600 fantastic auction items, and numerous raffle basket items. Save the date for this memorable event!



EARLY AUCTION ITEM RELEASE
AUGUST 31-SEPTEMBER 4, 2026

TEXT "HPFOOTBALL" TO 855-800-4975

OR

Go to <https://hpfootball.muradbid.com/> to register and bid

Official Silent Auction will be open September 20-27, 2026



The CANIAC SUPPER & AUCTION is back!
SAVE THE DATE for the 13th Annual Highland Park Football Supper on
September 25th, and the Auction will run September 20-27th!
Click the link below to grab your tickets and register for the auction!

<https://hpfootball.muradbid.com/>

Bring your friends for a fun night of food, community, and Scots spirit!
Takeout starts at 4:30 p.m. Dine-in begins at 5:00 p.m. in the HPHS Cafeteria!
Go Scots!!

CANIAC SUPPER 2026

Friday, September 25th
@4:30PM



20 - PROTECT THE - 26
PLATO
— HIGHLAND PARK —
FOOTBALL

Attention *HPISD* 3rd & 4th Grade Girls

**UP Elementary
Fall 2026**

Girls on the Run

Mon/Wed

3:30 - 5 pm

Starting Monday, 9/14



Cost \$195
Scholarships Available!



HPISD is excited to partner again with Girls on the Run to offer a 10-week program at UP Elementary for all HPISD third and fourth grade girls. Sessions begin Monday, September 14 and will be held every Monday and Wednesday from 3:30 - 5 pm. Participants build confidence, develop life skills such as being a good friend and including others, all while training for a celebratory 5K together in November. Runners and non-runners are encouraged! The cost is \$195, and scholarships are available. For more information, please reach out to Meredith Boyd at 972-898-2410.



Our practical talk series equips parents, educators, and ministers to navigate life's challenges with resilience and purpose—drawing on mental health insights, faith, and effective communication to inspire lasting transformation.

Youth & Difficult Thoughts: Suicide Prevention, Response, and Postvention | Tuesday, February 10, 6:30-8 pm
Nathaniel R. Strenger, Psy.D., Licensed Psychologist

Talk of teen suicide is terrifying. But, few things are more protective than an informed and collaborating community. At this Inform talk, we will equip parents, ministers, educators, and caregivers to take on an uncomfortable subject with confidence. We'll discuss preventative communication and the role of faith and community in well-being. We'll practice difficult conversations about risk factors and help-seeking. These are the foundations of community suicide prevention, response, and postvention.

Empty Nest: Prepare for Launch | Tuesday, April 14, 6:30-8:00 pm

Carrie Davidson Psy.D., Licensed Psychologist and Clint Donaldson, LPC-S

As we prepare for an empty nest and the launch of kids, how can we have a sustainable relationship with our young adult/college child. When do we step in and when do we step back? How can we encourage our kids to apply faith and values independently of us and be resilient, confident, and self-sufficient.

The Mental Load for Moms | Tuesday, September 1, 6:30-8:00 pm

Katie Campbell, LCSW and Lindsey Parker, LPC

The "mental load" or the invisible, constant, and often exhausting cognitive and emotional labor many moms carry—planning, remembering, organizing, anticipating needs, managing schedules, and keeping the household and family running—is a burdensome weight on Moms. We will help shine a light on the unseen work mothers do, how it impacts mental health, and what healthier balance can look like. Moms will leave with practical resources how every aspect of their lives—relationships, faith, physical well-being, emotional lives—can sync together for contentment and resilient life.

Holding On and Letting Go: Managing Holiday Grief After Loss | Tuesday, November 3, 6:30-8:00 pm

Sandy Robinson, LPC-S

The holiday season can amplify feelings of grief, especially for empty nesters coping with the loss of parents or adjusting to new family dynamics. This discussion offers a compassionate space to explore how grief intersects with traditions, faith-life, expectations, and emotional well-being during the holidays. Participants will learn practical strategies for honoring memories, managing loneliness, and finding meaning in this season of change.

REGISTRATION

There is no fee to attend, but we ask that you RSVP so we can prepare seating and send you a reminder before the event. To register, go to TheCenterCounseling.org/Inform or scan QR.



The Center
for Integrative Counseling
and Psychology



Talks are on Tuesdays from 6:30-8:00 pm at our Central Office location at 4305 MacArthur Ave, Dallas, Texas 75209
Supported by a grant from La Fiesta de las Seis Banderas.

"Learning is a lifelong experience."

The Academy for Lifelong Learning provides:

- Community education and enrichment classes for adults and children
- Extended School Day programs

Register now for outstanding enrichment and learning opportunities for children and adults. There are interesting classes for everyone!

[Classes Here](#)



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EVENTS, DESIGN AND CREATIVE

Tharp Family



 **Hawkins-Welwood**
HOMES

PALO ALTO INVESTORS
FUNDAMENTAL RESEARCH SINCE 198

ONELAGREE


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Rate

KRISTIN  DAI
TEAM



CLINIC CONCIERGE



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LAKESIDE
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WEALTH MANAGEMENT

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HOSPITALITY GROUP

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Gould Family

Boddicker Family



Armstrong Elementary | 214.780.3100 | 3600 Cornell Ave | Armstrong.hpsd.org

Amanda Hollier, Counselor

Betsy Cummins, Principal

Jamie Condon, Admin
Asst

Annie Celestino,
Cafeteria

Lane Arnold
214.780.3102

Attendance Desk

[PTA Website](#)

Armstrong Dad's
Club

ARattendance@hpsd.org

Armstrong Elementary | 3600 Cornell Avenue | Dallas, TX 75205 US

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