



Armstrong Article

Campus Newsletter



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CLASSIC
HOME CARE



August

- 8 - New Family Meet-Up (1st-4th grade)
- 13 - Kinder Parent Coffee (see details below)
- 16 - 4th Grade HP Pool Party, 6-8pm
- 17 - Meet the Teacher, 4-5pm
- 18 - Pre-K Donut Meet-Up, 8am
- 18 - ABPA Kinder Popsicle Party, 9am
- 19 - First Day of School, 7:55am
- 19 - Dads Club Sno-Cones, 3:15pm
- 20 - Cafeteria Training, 8am

21 - New Family Parent Coffee, 8am, 1st - 4th grade, Sky Flex Space
25 - Room Parent Training, 8am
25 - Grade Level Coordinator Training, 8:30am
25 - Dads Club Gathering,
26 - Dads Club Meeting, 8am
27 - 1st Grade Parent Party
28 - Dads Club Donuts, 7:15am

Stay up to date with Armstrong happenings by [subscribing to the calendar](#).



August 3, 2026

Dear Armstrong Families,

We are excited to welcome you back from the summer and start another great year of learning and fun at Armstrong.

Thank you to our maintenance team and construction crews for the long hours dedicated to completing the renovations and bond projects this summer. The building looks beautiful, and I cannot wait for our Armstrong students and families to see our amazing school! The teachers and staff have continued to work very hard during the summer to get ready for the start of the year. We appreciate our PTA and Dads Club for providing great support for the beginning of the year. We are very excited for a fun year of activities and learning!

Please join us in welcoming a few new faces to our staff this year. They bring passion, energy, and enthusiasm to Armstrong. They are going to be a great addition to our Armstrong family as they love your children and help them grow as learners. Several returning staff members are also serving in new roles this year, so you will see their familiar faces in a new place. Meet our new staff and find out about new roles [HERE](#).

We hope you are planning to join us on **Monday, August 17th from 4:00pm-5:00pm for Meet the Teacher**. The class lists will be posted by grade level at school on the Cornell side and St. John's side at 3:50 p.m. (and through your Skyward login if you are not able to attend) and you will be able to visit your classroom to meet your teacher and classmates.

Remember, the first day of school is Wednesday, August 19th. School doors open at 7:30am, and students should wait in their grade level hallway. If parents are accompanying the students, they should wait in the tiled areas on the Cornell or St. John's side of the school. **Students and parents will be able to walk to the classrooms at 7:45am before the tardy bell rings at 7:55am.** School begins with video announcements and parents should exit the building promptly at 7:55 am. Preschool will exit at the preschool door on Cornell, Kindergarten and Second grades dismiss at 3:15 at the door on the corner of Cornell and St. John's. First, Third, and Fourth grades

dismiss at the door on the corner of St. John's and Byron. At ***Meet the Teacher***, you will be asked to complete a Google Form to designate your child's dismissal procedures.

We encourage families to walk to school, or to carpool, to help with traffic around the campus. Please review the daily procedures and safety information located [HERE](#) to help us keep everyone safe during morning drop off, afternoon pickup and throughout the day.

At Armstrong, we are fortunate to have a strong community of families who generously give their time, talents, and resources to support our students. Every family plays an important role, and we encourage everyone to get involved in whatever way works best for your family.

We especially need volunteers! Please visit www.armstrongpta.org to explore volunteer opportunities, view a comprehensive calendar of events, and learn about the many ways you can support our school throughout the year. It is important to complete the updated [district form](#) in order to volunteer on campus.

From Family Giving and the PTA Auction to the various events throughout the year, there are countless opportunities to make a meaningful difference. Together, we can continue building an extraordinary experience for every Armstrong student.

It is important to actively communicate with your classroom teacher and stay informed about school activities to support your student's learning. Subscribe to the classroom teacher's webpage and find other important information on our campus website at armstrong.hpsd.org. Subscribe to our weekly campus email newsletter that arrives each Monday afternoon and follow us on social media. If you did not subscribe during Back to School Sign Up or are not receiving weekly emails, please contact Jamie Condon in the Armstrong front office at condonj@hpsd.org or 214-780-3100 for instructions.

Sincerely,

Betsy Cummins

Betsy Cummins
Principal
cumminb@hpsd.org



@armstrong_eagles
@armstrongeaglesHP
@armstrongauction
@thearmstrongdadsclub

If you have not done your background check in BSSU, please click below and let us get your volunteer badges started! The earlier, the better. It will save you time when entering the building starting on day one! The background checks will be uploaded into Verkada on Thursdays of each week.

Once you are in Verkada as a Volunteer, you will ALWAYS check in as a volunteer even if you are just coming for lunch. When you register in Verkada, you will use your phone number or email, after doing so, you will be sent a qr code that you can save in your wallet for scanning.

If you have signed up for lunch duty you are required to do the background check and get a permanent badge.

Volunteer Background Check

PTA News



BSSU

it's going to be a wild year!

As we trek through BSSU, please keep an eye out for the trail markers pointed toward Family Giving and Community Sponsorships. We depend so much on your partnership and are endlessly grateful for how you support Armstrong! We are wild about our eagles!

And don't forget to snag your tickets for our auction, Safari Soiree: A Wild Night on November 13, (sponsorships are still open on the watering hole!). It will sell out!



ARMSTRONG NEW FAMILY MEET-UP!

Incoming grades 1st - 4th
come join us on the playground
to meet other new families!

SATURDAY | AUGUST 8 | 9AM

Armstrong Elementary School Playground

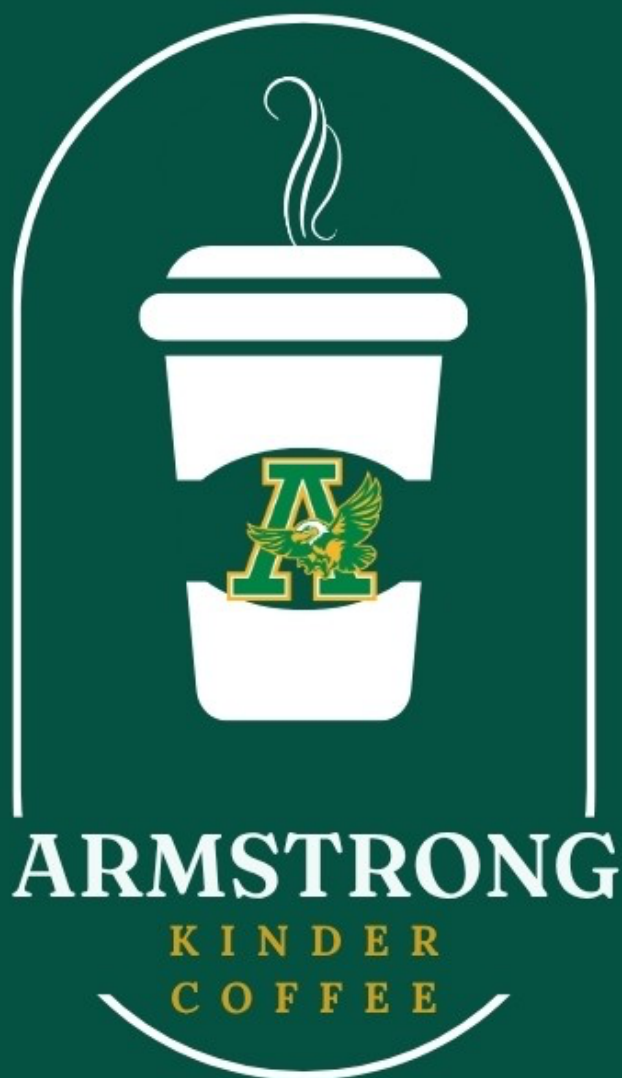
Please RSVP:
Marge Lemkin, New Family Chair
904-477-5022



Welcome to Armstrong!

If you're a **new Armstrong family with a student entering 1st–4th grade**, we'd love to meet you! Join us for a Donut Meet-Up on the **Armstrong Playground** on **Saturday, August 8th at 9:00 AM**.

Come enjoy donuts, meet other new families, make new friends, and start the school year with some familiar faces. We can't wait to welcome you! ☕☀️



AT THE HOME OF JOHN AND BRITTANY SARGENT

3214 ST. JOHNS DRIVE

THURSDAY, AUGUST 13TH, 8:30AM

Armstrong Kindergarten Parent Coffee

Please join us on **Thursday, August 13th at 8:30 AM** for a special morning coffee welcoming families with incoming Armstrong kindergarten students!

Hosted by **Brittany and John Sargent at 3214 St. Johns Drive**, this is a wonderful opportunity to meet other incoming kindergarten parents and hear from Betsy Cummins, Armstrong Elementary Principal, Megan Banks, Kindergarten Lead, Amanda Hollier, School Counselor, Natalie Lesikar, PTA President, and John Cain Sargent, Dads Club President as you prepare for the exciting year ahead.

Please RSVP [here](#) if you are able to attend. We look forward to welcoming you!

Kindly note this event is for adults only.



Pre-K Donuts on the Playground

Please join us on **Tuesday, August 18th at 8:00 AM on the Armstrong Playground for Pre-K Donuts!**

This is a fun opportunity for incoming Pre-K students and their families to meet classmates, connect with other Pre-K families, and start the school year with some familiar faces. Enjoy donuts, make new friends, and kick off an exciting year at Armstrong together!

We can't wait to see you there!

[Please RSVP Here](#)



Wild



about
ARMSTRONG

MEET THE TEACHER



DATE:
8/17



TIME:
4-5 PM

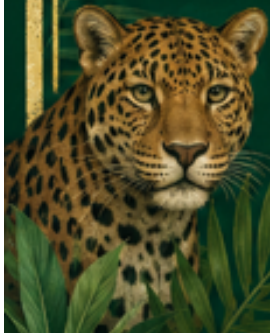
We can't wait to meet you!



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High School Volunteers Needed

Do you have a high school student in need of service hours? The Armstrong PTA needs help sorting and distributing school supplies before the start of the school year!

Date: Wednesday, August 12th

Time: 9:30a.m. - 2:30 p.m. **may not take the entire time, but up to 5 hours will be given!*

Location: Armstrong Elementary

Questions? Email Meredith Clark to sign up!
meredithwclark@gmail.com

Save the Armstrong Eagles Contact Card Now!

for quick access to phone, email,
address and the school calendar!





SAVE THE DATE

2026-2027 SCHOOL YEAR

JULY 30-7

BACK TO SCHOOL SIGN UP (BSSU)

SATURDAY AUGUST 8

NEW FAMILY MEET UP (1ST - 4TH GRADE)

THURSDAY AUGUST 13

KINDER PARENT COFFEE

SUNDAY AUGUST 16

4TH GRADE HP POOL PARTY

MONDAY AUGUST 17

MEET THE TEACHER (4-5PM)

TUESDAY AUGUST 18

PRE-K DONUT MEET UP (8AM)

ABPA KINDER POPSICLE PARTY (9AM)

WEDNESDAY AUGUST 19

FIRST DAY OF SCHOOL (tardy bell rings at 7:55AM)

ARRIVE EARLY FOR PHOTOS AND SURPRISES!

DAD'S CLUB SNO CONES (3:15PM)

THURSDAY AUGUST 20

CAFETERIA TRAINING (8AM)

FRIDAY AUGUST 21

NEW FAMILY PARENT COFFEE (8 AM - 1ST- 4TH GRADE)

TUESDAY AUGUST 25

ROOM PARENT TRAINING (8AM)

GRADE LEVEL COORDINATOR TRAINING (8:30AM)

DAD'S CLUB HAPPY HOUR

WEDNESDAY AUGUST 26

DAD'S CLUB MEETING (8AM)

THURSDAY AUGUST 27

FIRST GRADE PARENT PARTY

FRIDAY AUGUST 28

DAD'S CLUB DONUTS (7:15AM)

TUESDAY SEPTEMBER 1

CURRICULUM NIGHT (4PM & 4:45PM)





Interested in being a Room Parent? Please sign-up using this link! Signing up via this link is the only way to indicate your interest in being a Room Parent for the 2026 - 2027 school year.

[Sign Up Here!](#)

Community News

Attention *HPISD* 3rd & 4th Grade Girls

**UP Elementary
Fall 2026**

Girls on the Run

Mon/Wed

3:30 - 5 pm

Starting Monday, 9/14



Cost \$195
Scholarships Available!



HPISD is excited to partner again with Girls on the Run to offer a 10-week program at UP Elementary for all HPISD third and fourth grade girls. Sessions begin Monday, September 14 and will be held every Monday and Wednesday from 3:30 - 5 pm. Participants build confidence, develop life skills such as being a good friend and including others, all while training for a celebratory 5K together in November. Runners and non-runners are encouraged! The cost is \$195, and scholarships are available. For more information, please reach out to Meredith Boyd at 972-898-2410.



Our practical talk series equips parents, educators, and ministers to navigate life's challenges with resilience and purpose—drawing on mental health insights, faith, and effective communication to inspire lasting transformation.

Youth & Difficult Thoughts: Suicide Prevention, Response, and Postvention | Tuesday, February 10, 6:30-8 pm
Nathaniel R. Strenger, Psy.D., Licensed Psychologist

Talk of teen suicide is terrifying. But, few things are more protective than an informed and collaborating community. At this Inform talk, we will equip parents, ministers, educators, and caregivers to take on an uncomfortable subject with confidence. We'll discuss preventative communication and the role of faith and community in well-being. We'll practice difficult conversations about risk factors and help-seeking. These are the foundations of community suicide prevention, response, and postvention.

Empty Nest: Prepare for Launch | Tuesday, April 14, 6:30-8:00 pm

Carrie Davidson Psy.D., Licensed Psychologist and Clint Donaldson, LPC-S

As we prepare for an empty nest and the launch of kids, how can we have a sustainable relationship with our young adult/college child. When do we step in and when do we step back? How can we encourage our kids to apply faith and values independently of us and be resilient, confident, and self-sufficient.

The Mental Load for Moms | Tuesday, September 1, 6:30-8:00 pm

Katie Campbell, LCSW and Lindsey Parker, LPC

The "mental load" or the invisible, constant, and often exhausting cognitive and emotional labor many moms carry—planning, remembering, organizing, anticipating needs, managing schedules, and keeping the household and family running—is a burdensome weight on Moms. We will help shine a light on the unseen work mothers do, how it impacts mental health, and what healthier balance can look like. Moms will leave with practical resources how every aspect of their lives—relationships, faith, physical well-being, emotional lives—can sync together for contentment and resilient life.

Holding On and Letting Go: Managing Holiday Grief After Loss | Tuesday, November 3, 6:30-8:00 pm

Sandy Robinson, LPC-S

The holiday season can amplify feelings of grief, especially for empty nesters coping with the loss of parents or adjusting to new family dynamics. This discussion offers a compassionate space to explore how grief intersects with traditions, faith-life, expectations, and emotional well-being during the holidays. Participants will learn practical strategies for honoring memories, managing loneliness, and finding meaning in this season of change.

REGISTRATION

There is no fee to attend, but we ask that you RSVP so we can prepare seating and send you a reminder before the event. To register, go to TheCenterCounseling.org/Inform or scan QR.



The Center
for Integrative Counseling
and Psychology



Talks are on Tuesdays from 6:30-8:00 pm at our Central Office location at 4305 MacArthur Ave, Dallas, Texas 75209
Supported by a grant from La Fiesta de las Seis Banderas.

"Learning is a lifelong experience."

The Academy for Lifelong Learning provides:

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[Classes Here](#)



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Armstrong Elementary | 214.780.3100 | 3600 Cornell Ave | Armstrong.hpsd.org

Amanda Hollier, Counselor

Betsy Cummins, Principal

Jamie Condon, Admin
Asst

Annie Celestino,
Cafeteria

Lane Arnold
214.780.3102

Attendance Desk

[PTA Website](#)

Armstrong Dad's
Club

ARattendance@hpsd.org

Armstrong Elementary | 3600 Cornell Avenue | Dallas, TX 75205 US

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