Armstrong Article

Campus Newsletter

Est 1914

ABOUT ARMSTRONG

Where Eagles Soar

Sponsored by:

CLASSIC
HOME CARE



November

3 - Student Holiday, Parent-Teacher Conferences
4-6 - Brother Bill's Food Drive
5 - Bike Stunt Show for Students, 2:00pm
6 - Bike Rodeo
11 - Veterans Day Program
13 - Auction - Safari Soiree
13 - PNO with Miss Olsen and Miss Annie
18 - Thanksgiving Family Lunch, Cafeteria
20 - 1st Grade Performance - Turkey Tango. 8:15am, Auditorium
23-27 Thanksgiving Holiday
30 - Toy Drive Begins!

Stay up to date with Armstrong happenings by **subscribing to the calendar**.



ARMSTRONG EAGLES

November 2, 2026

Dear Armstrong Families,

I hope you are enjoying the long weekend! Our teachers and staff are engaged in professional learning and parent conferences to ensure we are working together to support every student's growth, both in the classroom and at home.

We have an exciting end to the week planned! On Thursday at 2:00 p.m., students will enjoy a Bike Stunt Show, and on Friday during Specials, we will hold our traditional Bike Rodeo. Our students will learn and practice bike safety in a fun, hands-on way.

A big thank you to our parents and staff for planning this educational event for our students!

On November 10-12, our ***first and third grade students*** will take the*Cognitive Abilities Test*™ (*CogAT*®). The teachers will be sending out detailed information and practice opportunities. *CogAT* measures students' **learned reasoning abilities** in the three areas most closely related to success in school:

- The **Verbal Battery** measures students' abilities to reason with verbal images and concepts. These reasoning abilities play an important role in reading comprehension, critical thinking, writing, and virtually all verbal learning tasks.

- The **Quantitative Battery** measures students' abilities to reason with quantitative symbols and concepts. These reasoning skills are significantly related to problem solving in mathematics and other disciplines.
- The **Nonverbal Battery** measures students' abilities to reason with geometric shapes and figures. To perform successfully, students must accurately implement strategies for solving novel problems.

How your student can prepare for test taking—and what you can do to help

You can help your student do his or her best by considering these tips:

- Make sure that your student is in school and on time on test days. Reschedule appointments and other out-of-school time to non-testing days.
- Make sure your student gets a good night's sleep and eats a healthy breakfast before each day of testing.

Score reporting and how we use test results

The school will receive test scores in about 3 weeks. These scores will indicate how your student performed on the test compared with students across the nation who are the same age.
Student results will be posted for your review in the Skyward Student Portfolio. These scores will be used as data points to help determine what instruction and/or services would be most appropriate for your child. Thank you for encouraging and supporting your child during testing.



We love celebrating all the great things happening at Armstrong! Please take a few minutes to fill out this Google Form to give a staff member a well-deserved Shout Out. Take a moment to read this week's shoutouts!

As always, I value your input and feedback. Please let me know if you need anything or have any questions. I am available by email or phone at your convenience.

Sincerely,

Betsy Cummins

Betsy Cummins
Principal
cumminb@hpisd.org



@armstrong_eagles
@armstrongeaglesHP
@armstrongauction
@thearmstrongdadsclub

Armstrong Elementary

THANKSGIVING FOOD DRIVE



Benefitting Brother Bill's Helping Hand

Your generous donations will support Brother Bill's Helping Hand by supplying food to more than 500 households in the Dallas area!

Requested Food Items (per bag)

- 1 Box of Stuffing Mix
- 1 Can of Sweet Potatoes
- 1 Can of Green Beans
- 1 Can of Fruit (mixed fruit cocktail or single)
- 1 Bag of Rice
- 1 Bag of Pinto Beans
- 1 Bag of Kidney Beans
- 1 Bag of Elbow Macaroni
- 1 Can of Pie Filling (pumpkin, apple, etc.)

Items Will Be Collected

NOVEMBER 4-6

Drop Off in the Auditorium

Please fill a brown paper grocery bag with each of the food items above — or purchase a pre-filled bag from Tom Thumb - and have your child drop it off at the Armstrong Auditorium.

GIVE THANKS AND GIVE BACK

Each class with 100% participation will be rewarded with **extra playground time!**

Register for November 13, PNO tomorow morning starting at 7:30am. Note that this week's PNO is open till 12:00am due to the Auction and the price is higher as well!
It will be loads of fun with Miss Annie and Ms. Olsen!

Armstrong PNO

Friday, November 13, 2026

with

Ms. Olsen & Mrs. ANNIE

What is it? It's a chance for you to have a parents' night out! Your child will have a blast at school with their friends and teachers. There will be gym games, pizza, a movie and more! **LET's GOBBLE THE NIGHT AWAY!**

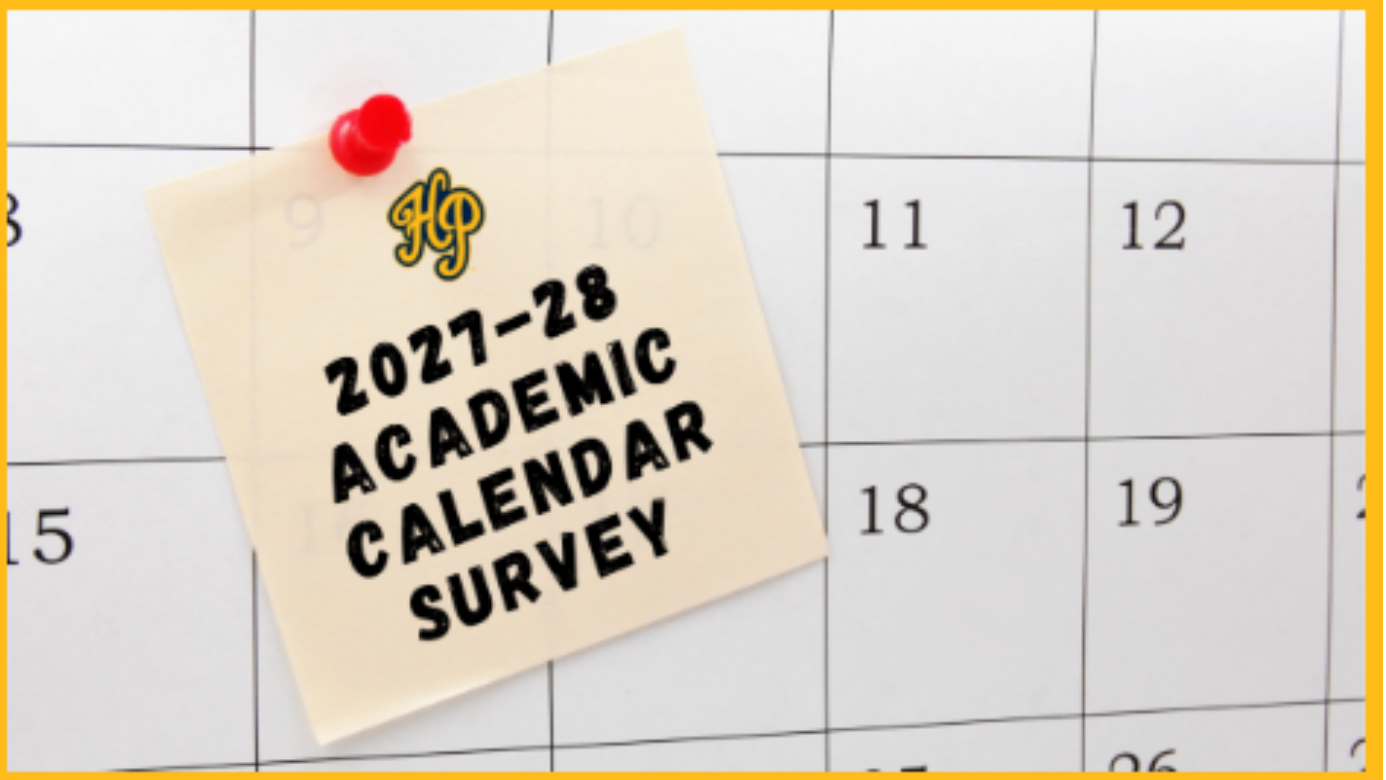
Who? K – 4th grade Armstrong students

When? Friday, November 13, 2026- 6:00pm-12:00am

Where? Check in and pick up at the little gym doors @ St. Johns.

Cost? $70 1st child and $60 for siblings. No refunds will be given. *A $25 late pick-up fee, to be paid immediately or the next school day, will be charged at 12: and an additional $10 will be assessed at 12:15 and at each 15 minute interval.

Clich Here for the Registration Form



Dear Highland Park ISD Parents and Staff,

Highland Park ISD welcomes and encourages you to provide input on the 2027-28 academic calendar. **The survey will close at 11:59 p.m. on Friday, Nov 6**. To complete the survey, please **click here.**

The HPISD Calendar Committee includes members of the Board of Trustees, campus and district administrators, elementary and secondary parents and teachers. The committee has drafted three calendars for your consideration. Please review the calendar survey closely and rank the options according to your preferences for the 2027–28 school year.

At the end of the survey, please share why you ranked the options as you did and include any recommendations for the Calendar Committee to consider when developing the 2028–29 academic calendar.

Please complete the survey once and ensure its completion by Friday, Nov 6. We appreciate your time and valuable input regarding the 2027-28 academic calendar.

The survey results will be considered by both the calendar committee and the District Leadership Council. These committees will then formulate a recommendation based on the data you provide and present it to the Board of Trustees for consideration.

The Board of Trustees will consider the recommendation at the December Board meeting. Once the 2027–28 academic calendar is adopted, the district will share the information through the e-newsletter and post it on our website at **hpisd.org.**

To complete the 2027-28 academic calendar survey, please **click here.**

Voting starts today!



🐮 **Let's MOO-ve Betty to the Top!** 🏆

Armstrong needs your vote! Our 3rd Grade TAG Explorations students have officially adopted an adorable dairy calf named **Betty** through the Discover Dairy program!

Betty was born on August 19, and she officially became part of our Armstrong family on October 6!

Now, Betty is competing to become **America's Favorite Adopted Cow**, and we need our entire Armstrong community to help her win!

📦 **VOTING IS NOVEMBER 2–4!** 📦

Mark your calendars, spread the word, and help our sweet Betty become a **NATIONAL STAR!** 🌟

Let's show the nation that Armstrong has the most MOO-velous school spirit around!

GO BETTY! GO ARMSTRONG! 🐄❤️

PTA News


AFRICA
Safari Soirée
A WILD NIGHT
If you purchased auction tickets, please check your email for a paperless post invitation.
PRESENTED BY
BalekianHayes
FAMILY LAW



A **WILD** thank you to our ROAR-some Dads Club and Dads Club President, **John Cain Sargent,** for hosting such a fun tailgate before Friday night's final home football game! What a great way to kick off the evening, bring our Armstrong families together, and show off that Eagle spirit before cheering on the Scots to victory! Our Dads Club always knows how to bring the FUN to the jungle, and we are so grateful for all they do to make Armstrong such a special community.

No tricks, just TREATS for our incredible Armstrong teachers and staff! A SPOOK-tacular thank you to our fabulous Teacher & Staff Appreciation Co-Chairs, **Sara Thieke and Lauren Clyce,**for treating our teachers and staff to a fun game of Trick or Treat on Friday! What a sweet way to spread a little Halloween cheer and show our teachers and staff just how much they are loved and appreciated! Thank you for always going **WILD** to make our Armstrong jungle a special place!

Please volunteer for the Bike Rodeo on the button below!



WILD ABOUT ARMSTRONG

BIKE RODEO

FRIDAY, NOVEMBER 6, 2026

Gear up for a wild ride!
Join us for a safari adventure filled with bike safety and school spirit.

Bike Rodeo Chairs, Laura Price & Brittaney Mungioli

READY TO RIDE

WEAR:
Your Bike Rodeo T-shirt, provided by CLINIC CONCIERGE.

BRING:
A bike or scooter + helmet.

BIKE RODEO CHECKLIST:
HERE

CLASS RIDE SCHEDULE:
Find your rider's time
HERE

JOIN THE CREW

Help make our expedition a success!

PARENT VOLUNTEERS:
Sign up HERE

DADS CLUB VOLUNTEERS:
Sign up HERE

STUNT SHOW

THURSDAY, NOVEMBER 5

Kick off the adventure with bike stunts and a sweet treat!

Show details HERE

SPONSORED BY: CLINIC CONCIERGE

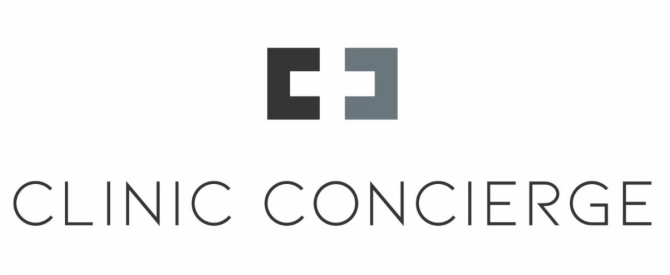


Volunteer for Bike Rodeo Here! Parents and Dads Club opportunities!

Bike Rodeo Schedule

Bike Rodeo Checklist

Sponsored by:



BIKE STUNT SHOW

PRESENTED BY: UNITED FREESTYLE

THURSDAY, NOVEMBER 5, 2026

Armstrong Elementary

2:00-2:45 P.M.

Kick off our wild expedition
with an exciting bike stunt show & a sweet treat!
(Armstrong student-only event)

Sponsored by: CLINIC CONCIERGE



On Wednesday, November 11, we proudly honor the brave men and women who have served our country, especially the veterans who are part of our Armstrong family!

To the parents, grandparents, and loved ones of our Armstrong Eagles who have worn the uniform, we thank you for your courage, sacrifice, and dedication to protecting our freedoms.

We are forever grateful for your service and proud to celebrate the heroes within our very own Armstrong community!

Show your pride and support for our heroes this Veterans Day with our exclusive school spirit shirt! Featuring a striking design that celebrates the bravery and sacrifice of our veterans, this shirt is perfect for honoring those who have served.

If you have purchased a Veterans Day t-shirt in previous years (and it still fits), use it again on November 11th! If you need a new shirt, purchase yours in the spirit shop for $25 on November 5, 6 and 10th. (all kids and adult size available, limited supply)


ARMSTRONG
VETERANS DAY
ARMSTRONG
VETERANS DAY



SCORE YOUR FRONT ROW SEATS

Sponsor this year's performance and enjoy the best seats in the house while supporting Armstrong Elementary!

Sponsor the Turkey Tango Here!

SPOTTED IN THE WILD: Heading to campus for the Bike Rodeo, Veterans Day Program or Turkey Tango? Keep an eye out for our new photo upload QR codes posted at the main exits! Double tap the QR code below or scan the code on your way out to instantly share your favorite snapshots with our yearbook and communications team help us capture every wild moment of this unforgettable year!



PTA Funds At Work!

Learning Today to Make a Difference Tomorrow!

Four Armstrong teachers (Ms. Cothran, Miss Massey, Ms. Pena and Ms. Johnson) and our Instructional Coach, Laura Rollins, had the incredible opportunity to attend The Reading League conference in Chicago to learn alongside some of the leading voices in the science of teaching reading and literacy education.

They returned with new knowledge, practical strategies, and fresh ideas to bring directly into our classrooms because when our teachers grow, our students grow.

We want to send a special thank you to our PTA and families for helping make this professional learning opportunity possible. Your support invests directly in our teachers and, most importantly, in the success of every Armstrong student.

We are so grateful for a community that believes in learning, growing, and raising the bar together.



HIGHLAND PARK KLIFE DODGEBALL TOURNAMENT

Get Your Team Ready!

The annual HP KLIFE Dodgeball Tournament is back!
Grab your friends, build your team and get ready
for an afternoon of dodgeball and fun!

3RD – 7TH GRADE
6–8 PLAYERS PER TEAM
Boys' + Girls' Leagues by Grade

FRIDAY, NOVEMBER 6TH

3:30 – 7:30 PM

HPUMC TOLLESON CENTER
5817 Hillcrest Ave
Dallas, TX 75205

REGISTER YOUR TEAM HERE →
https://events.idonate.com/hpklife-dodgeball-team-2026

HELP MAKE THE TOURNAMENT HAPPEN – BECOME A SPONSOR! →
https://gift.idonate.com/highland-park-klife/Sponsorhpklifedodgeball

IF YOU HAVE ANY QUESTIONS, CONTACT
CODI CARROLL 214-417-3743 | HEATHER COLE 858-735-3869

HIGHLAND PARK TENNIS
2026 2027
OWN THE COURT

MEET the Scots

PLAY TENNIS WITH THE SCOTS!

Games for all ages and skill levels.

PLAY TENNIS
Games for all ages and skill levels.

FAMILY FUN
A great morning for the entire community!

AMAZING RAFFLE PRIZES
Tennis, travel, dining, beauty, fitness, Scots spirit and more!

SUPPORT HP TENNIS
All proceeds benefit the Highland Park Tennis Team.

SATURDAY NOV. 7

9:00 - 11:00 A.M.
SEAY TENNIS CENTER

BUY YOUR TICKETS
$15 PER PLAYER
Scan the QR code to purchase tickets and raffle entries!

Seay you for Coffee at the Courts!
FEATURING THE HERBSTER TRUCK

The Herbster™

THANK YOU TO OUR GENEROUS SPONSORS!

BELLNUNNALLY
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mez. mitigation + restoration
The Bland Family
ALPHA
PATRICK GREEN PICTURES

The HPHS tennis team is hosting its annual “Meet the Scots” event on Saturday, November 7.

HPGS
LADY SCOTS SOCCER
Is proud to host our 5th Annual





SUNDAY, NOVEMBER 8th 3-4PM
HIGHLANDER STADIUM

HP Lady Scots Soccer is proud to host the Champions Cup, where special needs athletes take center field, show off their soccer skills, and score big—no offsides, no limits, just fun!

This year - Each athlete will be paired with a Lady Scots soccer buddy to pass, dribble, and shoot their way to unforgettable memories. Each athlete will be announced and run onto the field to their favorite song!

*Champions Cup is right before Girls with Goals so make a day of it!

Questions?
Contact Harlan Graham -
harlangraham7@yahoo.com

Use the QR Code or the Link Here to register your player!

Join us on Sunday, November 8th for our 12th annual GIRLS WITH GOALS picnic at Highlander Stadium from 4 to 6pm! A **FREE** event for our community and a chance to meet our current HP Lady Scots. There will be Chips meals, raffle tickets and t-shirts to buy at the event to support the ladies for the upcoming season. To purchase or donate, use the QR code in our flyer!

Highland Park Girls Soccer

12th annual **GIRLS WITH GOALS** Picnic

November 8th

Highlander stadium

4-6pm




CHIP'S
OLD FASHIONED HAMBURGERS

JOIN US FOR OUR ANNUAL LADY SCOTS SOCCER GIRLS WITH GOALS PICNIC!
WE ARE EXCITED TO HOST THE COMMUNITY AND INTRODUCE YOU TO OUR CURRENT HP LADY SCOTS!

GIRLS with GOALS

LADY SCOTS SOCCER TEAM

Sunday, Nov 8th
4-6pm
Highlander Stadium

PHOTO BOOTH

BUTTON MAN





FACE PAINTING



DJ

BOUNCE HOUSES



FIELD GAMES

THE EVENT IS **FREE**!!

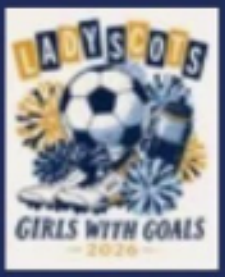
IF YOU'D LIKE TO PURCHASE CHIPS OR MERCH, SCAN HERE:

CHIP'S
OLD FASHIONED HAMBURGER
ESTABLISHED 1981

BURGER & CHICKEN BOXES
(PURCHASE IN ADVANCE TO ENSURE WE DON'T RUN OUT)
$15/TICKET

HPOGS
LADY SCOTS SOCCER

HP LADY SCOTS SOCCER
T-SHIRT $25
YOUTH & ADULT SIZES





🏀 MEET THE SCOTS! 💙💛

Monday, November 9 | 6:00–7:30 PM | HPHS Gym

Join us for an exciting evening of basketball, school spirit, and community as we kick off the new season with our Highland Park boys' and girls' basketball teams!

Meet the Scots is a special opportunity to bring our entire Scots community together—from our youngest future Scots to our high school athletes! Families can meet the players, get autographs and photos, participate in shooting drills, and enjoy a fun-filled evening celebrating HP basketball.

🏀 Get there early! The first 15 kids through the doors will be in for a special surprise!

Let’s fill the gym with Scots pride, make lasting memories, and inspire the next generation of Highland Park basketball players!

One community. One tradition. Once a Scot, always a Scot! 💙💛

STUDENT FOUNDATION PRESENTS

CELEBRATION of LIGHTS



MONDAY, NOVEMBER 30TH

7:00-10:00 PM ✦ DALLAS HALL LAWN

There will be a 6:30 Storytime with Santa on the Dallas Hall Lawn.

SMU Student Foundation and Jonathan's Place

HOLIDAY DONATION DRIVE

UNTIL NOVEMBER 30TH, 2026



We are excited to announce our philanthropy partner for Celebration of Lights! We will be working with Jonathan's Place, which helps provide emergency shelter to children in need. To help support them, please consider donating the needed items.

DROP-OFF LOCATIONS

Armstrong Elementary

SMU Dallas Hall Lawn
November 30th, 7-10pm

ITEMS NEEDED

- Paper Towels
- Toilet Paper
- Bath Towels (navy or gray)
- Deodorant
- Olay Shampoo/Conditioner

For More Information : Contact Delainey Hinson at (540)-270-6129 or dhinson@smu.edu

smusf.squarespace.com/col-about

INFORM

2026 Talk Series

Get *inform*ed – *form* healthy relationships – *form* habits and attitudes for well-being – trans*form* your life!

Our practical talk series equips parents, educators, and ministers to navigate life's challenges with resilience and purpose—drawing on mental health insights, faith, and effective communication to inspire lasting transformation.

Youth & Difficult Thoughts: Suicide Prevention, Response, and Postvention | Tuesday, February 10, 6:30-8 pm

Nathaniel R. Strenger, Psy.D., Licensed Psychologist

Talk of teen suicide is terrifying. But, few things are more protective than an informed and collaborating community. At this Inform talk, we will equip parents, ministers, educators, and caregivers to take on an uncomfortable subject with ca confidence. We'll discuss preventative communication and the role of faith and community in well-being. We'll practic difficult conversations about risk factors and help-seeking. These are the foundations of community suicide prevention, response, and postvention.

Empty Nest: Prepare for Launch |Tuesday, April 14, 6:30-8:00 pm

Carrie Davidson Psy.D., Licensed Psychologist and Clint Donaldson, LPC-S

As we prepare for an empty nest and the launch of kids, how can we have a sustainable relationship with our young adult/college child. When do we step in and when do we step back? How can we encourage our kids to apply faith and values independently of us and be resilient, confident, and self-sufficient.

The Mental Load for Moms | Tuesday, September 1, 6:30-8:00 pm

Katie Campbell, LCSW and Lindsey Parker, LPC

The "mental load" or the invisible, constant, and often exhausting cognitive and emotional labor many moms carry—planning, remembering, organizing, anticipating needs, managing schedules, and keeping the household and family running— is a burdensome weight on Moms. We will help shine a light on the unseen work mothers do, how it impacts mental health, and what healthier balance can look like. Moms will leave with practical resources how every aspect of their lives – relationships, faith, physical well-being, emotional lives – can sync together for contentment and resilience i life.

Holding On and Letting Go: Managing Holiday Grief After Loss | Tuesday, November 3, 6:30-8:00 pm

Sandy Robinson, LPC-S

The holiday season can amplify feelings of grief, especially for empty nesters coping with the loss of parents or adjusting to new family dynamics. This discussion offers a compassionate space to explore how grief intersects with traditions, faith-life, expectations, and emotional well-being during the holidays. Participants will learn practical strategies for honoring memories, managing loneliness, and finding meaning in this season of change.

REGISTRATION

There is no fee to attend, but we ask that you RSVP so we can prepare seating and send you a reminder before the event. To register, go to TheCenterCounseling.org/Inform or scan QR.

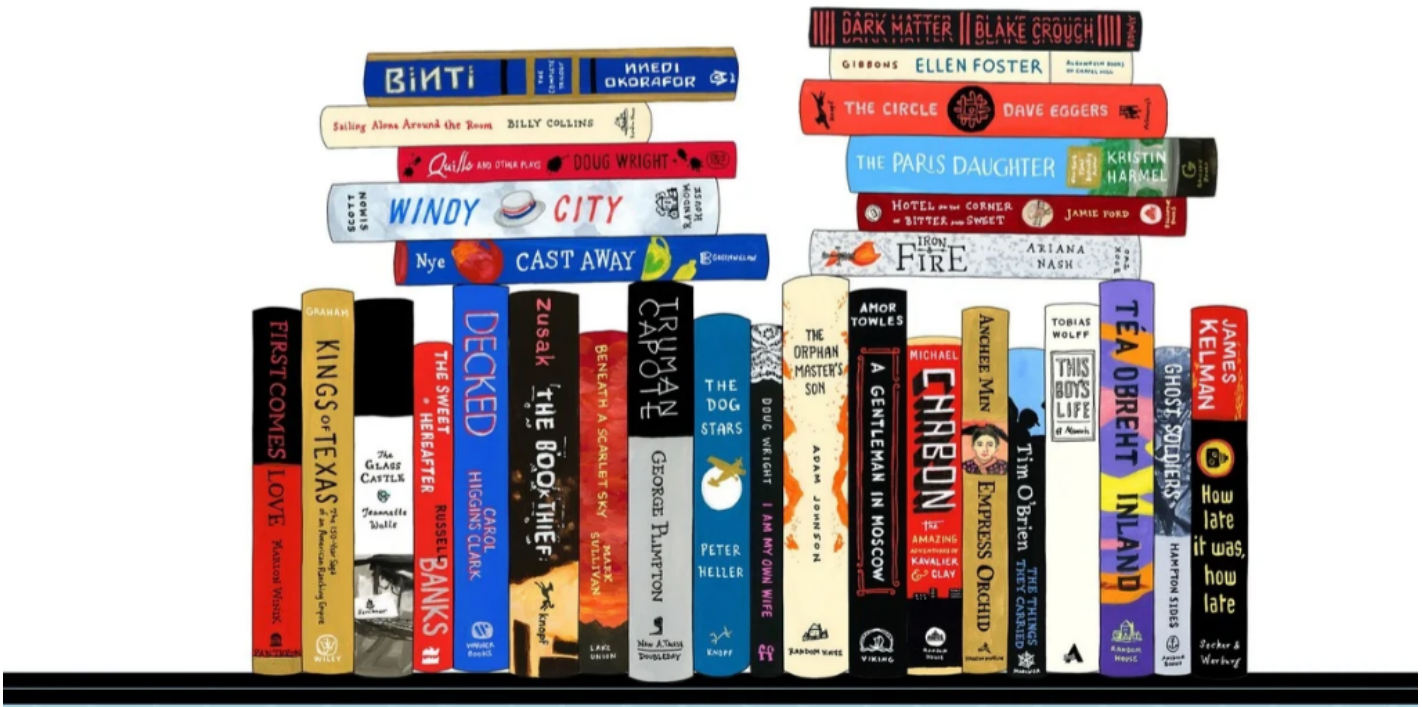
The Center
for Integrative Counseling
and Psychology

Talks are on Tuesdays from 630-8:00 pm at our Central Office location at 4305 MacArthur Ave, Dallas, Texas 75209.

Supported by a grant from La Fiesta de las Seis Banderas.

Save the date

March 4 & 5, 2027



Highland Park Literary Festival

HP LitFest

Write here, write now

Thursday, March 4, 2027: HP LitFest Community Keynote Event at Highland Park High School. Doors open at 6:30 p.m., with the presentation beginning at 7:00 p.m. The event is free and open to the public, thanks to the generosity of La Fiesta de las Seis Banderas.

"Learning is a lifelong experience."

The Academy for Lifelong Learning provides:

- Community education and enrichment classes for adults and children
- Extended School Day programs

Register now for outstanding enrichment and learning opportunities for children and adults. There are interesting classes for everyone!

A.L.L. Classes Here

ABOUT OUR COMMUNITY SPONSORS

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Armstrong Elementary | 214.780.3100 | 3600 Cornell Ave |Armstrong.hpisd.org

Amanda Hollier, Counselor

Betsy Cummins, Principal

Jamie Condon, Admin Asst

Annie Celestino, Cafeteria

Lane Arnold 214.780.3102

Attendance Desk

PTA Website

Armstrong Dad's Club

ARattendance@hpisd.org

Armstrong Elementary | 3600 Cornell Avenue | Dallas, TX 75205 US

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