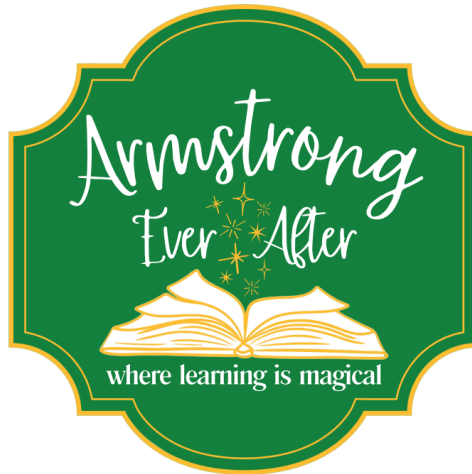




# Armstrong Article

Campus Newsletter



Sponsored by:



**May**

4-8 Staff Appreciation Week  
8 - Kindergarten "Magical Me" Performance

8 - PNO (Last one of the year)  
11 - 4th Grade Students tour MIS 9:30-11:00am  
22 - Field Day and Last Day of School 2025-2026

Stay up to date with Armstrong happenings by [subscribing to the calendar](#).



May 4, 2026

Dear Armstrong Families,

As we celebrate Teacher Appreciation Week, we invite you to join us in recognizing the incredible dedication, passion, and care our teachers and staff bring to our school each and every day. They work tirelessly to create engaging learning experiences, build meaningful relationships, and ensure that every child feels supported and valued. We are so proud of our teachers and grateful for the lasting impact they have on our students.

We would also like to extend a heartfelt thank you to the many families and community sponsors who provided monetary donations to support staff gifts this week. Your generosity has allowed us to show our appreciation in thoughtful and meaningful ways, helping make this week extra special for our staff. Your partnership and support truly make a difference.

***A special thank you to Palo Alto Investments, as well as Patrick and Charlotte Lee, for their generous contributions. Your support played a meaningful role in helping us celebrate our staff in a way they truly deserve, and we are sincerely grateful.***

If you have a moment this week, I encourage you to share a note of thanks or kind words with your child's teacher. Small gestures of appreciation go a long way in recognizing the important work they do each day.

Thank you for your continued support of our school and for helping us celebrate our amazing teachers.

With appreciation,

Betsy Cummins



@armstrong\_eagles  
@armstrongeaglesHP  
@armstrongtapresident  
@thearmstrongdadsclub

Sponsored by the Gould Family



Kindergarten Performance:

Magical Me

Friday, May 8 2026

8:15am

[RSVP and Badge Sign-up](#)

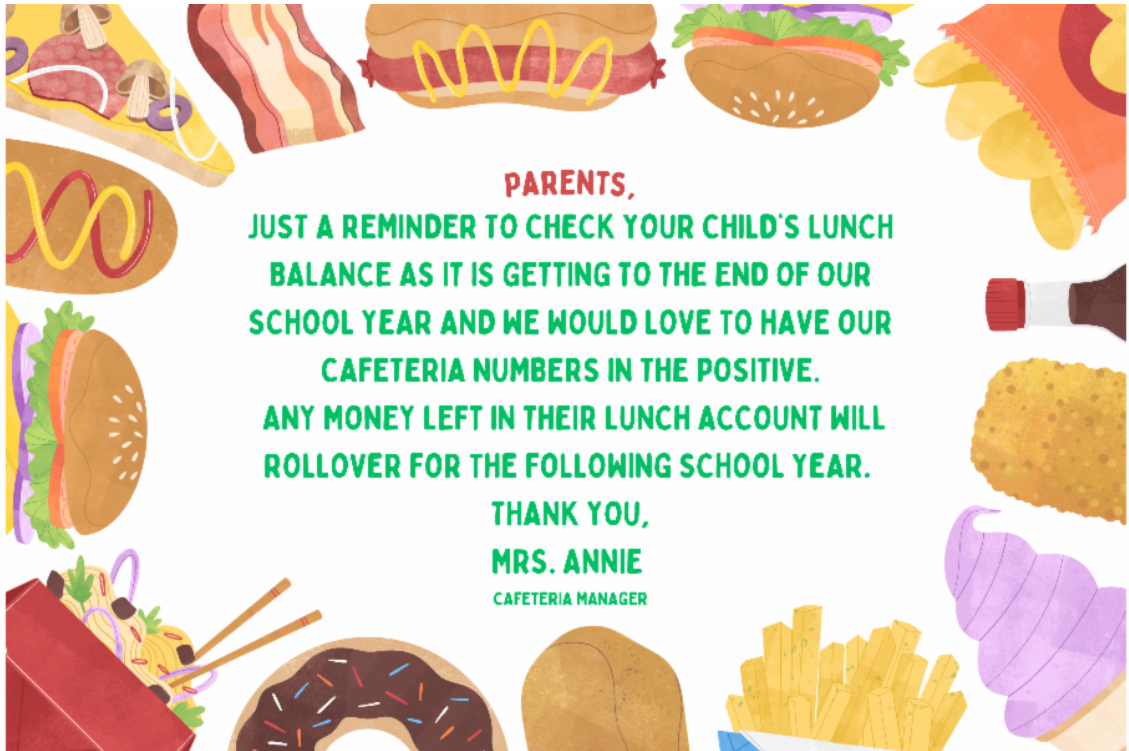


*As we are drawing near to the end of school, please stop by and pick up all medication that you have for your child in the clinic. **Any medication not picked up on the last day of school will be discarded, as we are not allowed to store medications over the summer. This includes Epi-Pens, inhalers, and all prescription and over-the counter medications.***

*Thank you for a wonderful 2025-2026 school year.  
Have a happy and healthy summer!*

*Please contact Nurse Paige or Nurse Claire with any questions.  
Clinic Phone Number: 214-780-3120*





**PARENTS,**  
**JUST A REMINDER TO CHECK YOUR CHILD'S LUNCH**  
**BALANCE AS IT IS GETTING TO THE END OF OUR**  
**SCHOOL YEAR AND WE WOULD LOVE TO HAVE OUR**  
**CAFETERIA NUMBERS IN THE POSITIVE.**  
**ANY MONEY LEFT IN THEIR LUNCH ACCOUNT WILL**  
**ROLLOVER FOR THE FOLLOWING SCHOOL YEAR.**

**THANK YOU,**  
**MRS. ANNIE**  
CAFETERIA MANAGER



# Teacher Appreciation

## Week: May 4-8

### Monday – High Five Day

High five any teacher you see in the halls!



### Tuesday – Gratitude Note

Write a short thank-you or draw a picture of your teacher or favorite school moment.



### Wednesday – Compliment Day

Give at least three teachers a kind, specific compliment.



### Thursday – Teacher Cheer Day

Quietly cheer, clap, or do jazz hands when your teacher enters the room.



### Friday – Teacher Surprise Day

Surprise your teacher with something they love!



## We ♥ Our Teachers!



**THANK YOU TO OUR  
TEACHER APPRECIATION WEEK SPONSO**

**PALO ALTO  INVESTORS**

FUNDAMENTAL RESEARCH SINCE 1989

**Charlotte & Patrick Lee**

# Armstrong PTA

## Teacher Appreciation Week

### Monday, May 4

7:15 AM–9:15 AM Coffee Truck –  
Hudson Grounds

10:45 AM–12:45 PM Lunch Mendocina Farms  
+ Raffle Starts!

1:00 PM–3:00 PM Snack Cart



### Tuesday, May 5

7:10 AM–7:30 AM Herbster Iced Coffee  
+ Build Your Own French Toast Bar

1:30 PM–3:00 PM Nektar Smoothies + Snack Cart



### Wednesday, May 6

10:45 AM–12:45 PM Hat Creek Burgers  
+ Raffle Winners Drawn

1:00 PM–3:00 PM Snack Cart + Poppi



### Thursday, May 7

7:30 AM–9:30 AM Taco Joint

1:30 PM–3:00 PM Snack Cart + Great American Cookies



### Friday, May 8

7:10 AM–7:30 AM Shipley's Donuts, Kolaches & Coffee

10:45 AM–12:45 PM Cane Rosso Pizza from Dad's Club

1:00 PM–3:00 PM Snack Cart



We are so incredibly appreciative of all of the Armstrong Parents, Sponsors and Committee Chairs for showering us with love this year!



Here is the April Menu for Lunch!

PREK-1ST GRADE MENU		MAY 2026			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
				1 <b>PREK-1</b> SLICED CHEESE CORN CESAR SALAD MANDARIN ORAN <b>COLD LUNCH:</b> CHOICE OF SAND BAKED LAYS, CH STICK FRUIT OF DAY	
4 <b>PREK-1</b> BAKED CHICKEN, WHITE RICE, HOUSE VEGGIES, APPLE SLICES <b>COLD LUNCH:</b> CHOICE SANDWICH GOGURT, GOLDFISH CARROT STICKS	5 <b>PREK-1</b> CHICKEN NUGGETS GREEN BEANS MASH POTATO FRUIT OF THE DAY <b>COLD LUNCH:</b> TURKEY CHEESE PINWHEELS PICKLE SPEARS, FRUIT OF THE DAY	6 <b>PREK-1</b> BREAKFAST FOR LUNCH HASHBROWN BACON FRUIT OF THE DAY	7 <b>PREK-1</b> PASTA W/ MEAT SAUCE GARLIC BREAD CESAR SALAD GRAPES <b>COLD LUNCH:</b> PEPPERONI BENTO BOX WITH FRESH CUCUMBERS AND FRUIT OF THE DAY	8 <b>PREK-1</b> BURGER WAFFLE FRIE BAKED BEAN ORANGES <b>COLD LUNCH:</b> CHOICE OF SANDWICH, ORA SMILES, CHEE STICK, PICKLE S	
11 <b>PREK-1</b> CHICKEN TENDER ROASTED BROCCOLI MAC. CHEESE HOMEMADE APPLE SAUCE <b>COLD LUNCH:</b> CHOICE SANDWICH GOGURT, GOLDFISH CARROT STICKS	12 <b>PREK-1</b> NACHOS (BEEF OPTIONAL) RANCH STYLE BEANS MEX. RICE STRAWBERRIES <b>COLD LUNCH:</b> CHOICE SANDWICH PICKLE SPEARS GRAHAM CRACKER, FRUIT OF THE DAY	13 <b>PREK-1</b> PAN PIZZA DAY CORN CESAR SALAD STRAWBERRIES <b>COLD LUNCH:</b> CHOICE SANDWICH MINI VEGGIE PASTA FRUIT OF THE DAY CHEEZE IT'S	14 <b>PREK-1</b> STEAK BITES BROCCOLI AND RICE GARLIC BREAD PINEAPPLE <b>COLD LUNCH:</b> CHOICE SANDWICH CUCUMBERS FRUIT OF THE DAY GOGURT	15 <b>PREK-1</b> GRILLED CHEE SANDWICH TATER TOTS TOMATO BASIL S ORANGE SMILI <b>COLD LUNCH:</b> CHOICE OF SANDI ORANGE SMILE CHEESE STICK, P SPEAR	
18 <b>PREK-1</b> BREAKFAST FOR LUNCH PANCAKES HASHBROWN BACON APPLE SAUCE <b>COLD LUNCH:</b> CHOICE SANDWICH GOGURT GOLDFISH CARROT STICKS	19 <b>PREK-1</b> PASTA W. MARINARA VEGGIE OF THE DAY GARLIC BREAD FRUIT OF THE DAY <b>COLD LUNCH:</b> CHOICE SANDWICH CHEESE STICK VEGGIE OF THE DAY FRUIT OF THE DAY	20 <b>PREK-1</b> CHICKEN NUGGET GREEN BEANS VEGGIE OF THE DAY FRUIT OF THE DAY <b>COLD LUNCH:</b> CHOICE SANDWICH CHEESE STICK VEGGIE OF THE DAY FRUIT OF THE DAY	21 <b>PREK-1</b> SLICED CHEESE PIZZA CORN HOUSE VEGGIE MANDARIN ORANGES <b>COLD LUNCH:</b> CHOICE SANDWICH CHEESE STICK VEGGIE OF THE DAY FRUIT OF THE DAY	22 <b>CAFETERIA CLOSED</b> 	

2ND- 4TH  
GRADE MENU

# MAY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 <u>2ND-4TH GRADE</u> SLICED CHEESE PIZ CORN, BAKED FISH CESAR SALAD CHICKEN WINGS
4 <u>2ND-4TH GRADE</u> BAKED CHICKEN, OR CHICKEN TERIYAKI WHITE RICE, HOUSE VEGGIES,	5 <u>2ND-4TH GRADE</u> CHICKEN NUGGETS GREEN BEANS MASH POTATO	6 <u>2ND-4<sup>TH</sup> GRADE</u> BREAKFAST FOR LUNCH HASHBROWN BACON FRUIT OF THE DAY	7 <u>2ND-4TH GRADE</u> PASTA W/MEAT SAUCE GARLIC BREAD CESAR SALAD LEMON PEPPER WINGS	8 <u>2ND-4TH GRAD</u> BURGER OR CHEE BURGER WAFFLE FRIES BAKED BEANS BAKED HONEY SAL WHITE RICE W/ VEGGIES
11 <u>2ND-4TH GRADE</u> CHICKEN TENDER MAC. CHEESE HOMEMADE JOE'S HOMEMADE CHILI	12 <u>2ND-4TH GRADE</u> TACO TUESDAY OR TACO SALAD WHITE MEX RICE RANCH STYLE BEANS BEEF-BEAN-CHEESE BURRITO OR CHICKEN FAJITA	13 <u>2ND-4TH GRADE</u> PAN PIZZA DAY CORN CESAR SALAD HOT WINGS	14 <u>2ND-4TH GRADE</u> BEEF BITES BROCCOLI & RICE GARLIC BREAD CHEESE LASAGNA	15 <u>2ND-4TH GRAD</u> HOT DOGS FRENCH FRIES ROASTED GREEN BI OR BAKED FISH
18 <u>2ND-4TH GRADE</u> PANCAKES, BACON, HASH BROWN, SAGE LINKS OR MANAGERS CHOICE	19 <u>MANAGERS CHOICE</u>	20 <u>MANAGERS CHOICE</u>	21 <u>2ND-4TH GRADE</u> SLICED CHEESE PIZZA CORN, HOUSE VEGGIE CHICKEN WINGS	22 <u>CAFETERIA CLOSED</u>



**Spots available!**

**There is one more PNO on May 8, with Coach Rosenfeld, Ms. Trenia and Senora Zelaya**

# **Armstrong PNO Friday, May 8th**

## ***Coach Rosenfeld, Señora Zelaya, & Ms. Trenia***

**What is it?** It's a chance for you to have a parents' night out! Your child will have a blast at school with their friends and teachers. There will be Valentine's activities, gym games, pizza, a movie, and more!

**Who?** K – 4<sup>th</sup> grade Armstrong students

**When?** Friday, May 8th - 6:00pm-11:00pm

**Where?** Check in and pick up at the little gym doors @ St. Johns.

**Cost?** \$50 1st child and \$40 for siblings. No refunds will be given. \*A \$25 late pick-up fee, to be paid immediately or the next school day, will be charged at 11:01 and an additional \$10 will be assessed at 11:15 and at each 15 minute interval.

**What to bring:** Nothing is necessary, but you can bring a pillow, sleeping bag, and water bottle (name on all). Do not bring snacks or electronic devices.

[PNO Form Here](#)



# PRE-K POPSICLES



Let's celebrate the last chapter of a magical school year!

Friday, May 15

3:15 - 4:15 pm

Armstrong Playground



Siblings are included at the Pre-School Popsicle Party!



Nervous about  
sending your  
4<sup>th</sup> grader to MIS?

Join us in the Raider  
Cafeteria and see  
them at school!

Claim shifts in VSP starting March 9<sup>th</sup>, 2

[Sign up for a VSP account here!](#)

VSP is the system MIS/HPMS uses to sign up volunteers across the camp!

Try a shift before school ends!

If you want an inside glimpse –

Contact Katherine & Tracy to get on the  
schedule to try it or join for next year

[Katherine.issel@gmail.com](mailto:Katherine.issel@gmail.com)

[portmelech@gmail.com](mailto:portmelech@gmail.com)

We hope to see you there!

They are still looking for Monday day captains if you are interested, let them know!

[Katherine.issel@gmail.com](mailto:Katherine.issel@gmail.com)

[portmelech@gmail.com](mailto:portmelech@gmail.com)



# KINDERGARTEN ENROLLMENT


*Enroll your 5-year-old in kindergarten today! Kindergarten enrollment opened on February 3, 2025, and will close soon. Secure your child's spot by enrolling today! Learn more at [HPISD.org/kinder](https://HPISD.org/kinder).*



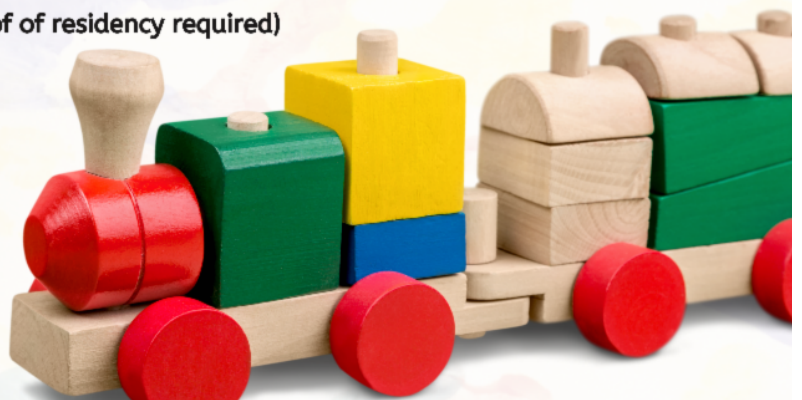
## PROGRAM CHECKLIST:

- ✓ Must be 5 years old on or before September 1, 2025
- ✓ Live in the City of UP or Town of HP (proof of residency required)
- ✓ Campus tours available upon request

**ENROLL NOW**

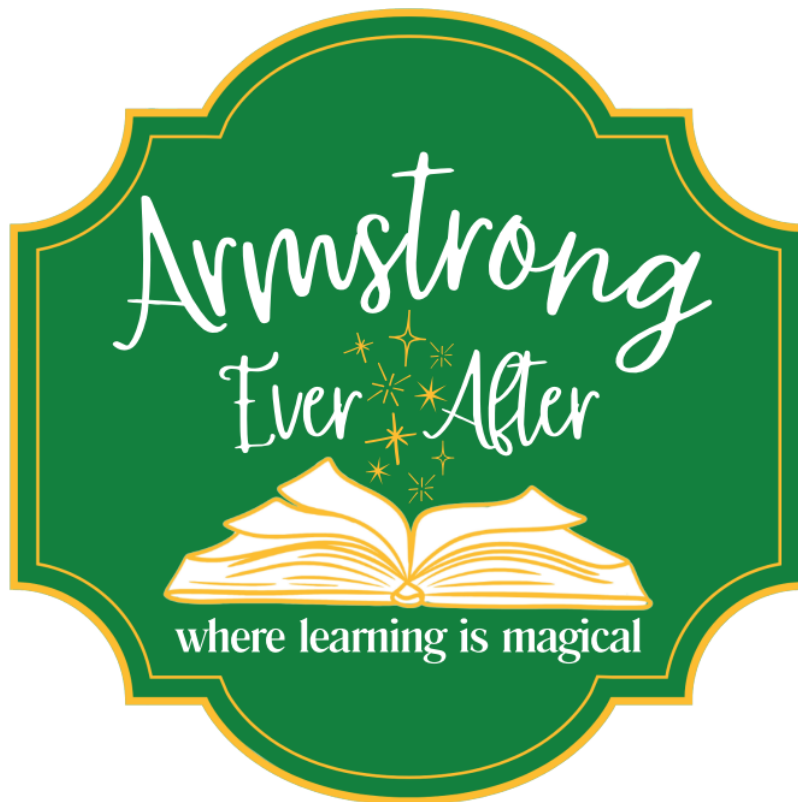
 214-780-3000

 [hpsid.org/enrollment](https://hpsid.org/enrollment)



---

# PTA News





# ✂ BATTLE OF THE CROWN ✂

## Armstrong Elementary Field Day 2026

Hear ye, hear ye!

The Knights, queens, and champions... it's time to take the field!  
Join us for the ultimate last-day-of-school showdown filled with games,  
laughs, and friendly competition!

👑 The Festivities Await 👑

⚡ Action-packed class competitions

🎁 A brand new surprise event this year!

🍽 Lunch provided for all (cafeteria closed!)

Royal Attire T-shirts will go home the week of 5/18!

## ✂ SCHEDULES: ✂

### FIELD DAY

Pre-K:	8:00 - 8:25am
Kinder:	8:30 - 9:15am
1 <sup>st</sup> Grade:	9:20 - 10:05 am
2 <sup>nd</sup> Grade:	10:10 - 10:55 am
3 <sup>rd</sup> Grade:	11:00 - 11:45 am
4 <sup>th</sup> Grade:	11:55 - 12:40pm
Early Release:	1pm

### LUNCH

Pre-K:	10:40-11:10
Kinder:	11:00-11:35
4 <sup>th</sup> Grade:	11:10-11:45
1 <sup>st</sup> Grade:	11:20-11:55
2 <sup>nd</sup> Grade:	11:40-12:15
3 <sup>rd</sup> Grade:	12:00-12:35

Questions? Ask co-chairs Morgan Bass, Kristen Sweek, and Amanda Toussaint



If you've not had a shift in the Armstrong Cafeteria this year, it's time to sign up to serve with us in 2026-67.

Shifts are for the same day of the month e.g. 2nd Tue, 3rd Thu, 5th Fri and recur throughout the year. Dads and moms are welcome any days of the week, but 2nd, 4th and 5th are designated Dads Club days.

25 shifts are open 1st - 4th weeks  
<10 shifts for less frequent 5th week

Let me know your preferences and I will work to find a shift that works for you.  
e.g. any day, 2nd Tue, any Tue or Thu, etc.

Write to [cafevolunteer@armstrongpta.org](mailto:cafevolunteer@armstrongpta.org) or 214-998-9458

### **We need your help!**

***The Spirit Shop needs your help!*** We currently don't have volunteers signed up for the rest of the year, (Mondays and Wednesdays) and the kids absolutely love when the store is open. The shift is just 7:30–8:00 AM, and it's a fun and easy way to get involved. Even better, it's a great activity to do with your child—they'll love helping out and seeing their friends before school. If you have a morning to spare, we'd be so grateful for your help!

Sign up here: <https://signup.com/go/woPTHbv>



PTA Feedback Form



# Community News





# Camp Invention®

**Spark your child's curiosity and creativity at Camp Invention®! This nationally acclaimed program for rising 1-6 students comes to University Park Elementary from June 22-25 (Monday-Thursday), 9am-3pm. Come join us for all new, hands-on STEM fun!**

**This year's challenges include:**

**Miniaturizing innovations, creating patents, and protecting creations from infringers!**



**Riding waves with surfboard innovations!**



**Investigate clues and evidence to uncover a case of capybara's fluffy fur.**

**Students launch a mission to transform a faraway planet's atmosphere, terrain and ecosystem for future habitation.**



**Camp Invention: Spark! (grades 1-6), Mon. - Thurs., June 22-25, 9:00 am - 3:00 pm**  
Cost: \$501.00 (includes \$1.00 in fees)

Camp Instructors: Maria Morga and Katherine Walters from Armstrong 4<sup>th</sup> grade

Register today [here](#) OR check out the Academy for Lifelong Learning catalog on the HPISD website!

Questions? Contact Maria Morga at [morgam@hpsid.org](mailto:morgam@hpsid.org)





# Inspired Fringe for Girls

Perfect for  
Belles Camp and  
HP Games!

Created by a  
third grader at  
Armstrong!



[shopCFDS.com](http://shopCFDS.com)





Join the 20<sup>th</sup> year of summer fun at Competitor's Edge Camp

Dodgeball, Knockout, Whiffle Ball, Aerial FB, Tug of War, Kickball, and Capture the Fl

Grab a friend, Join a team, Compete, and Win a Championship

June 22-25 and July 6-9 at Highland Park Indoor

[www.Scotsillustrated.com/HTCamps](http://www.Scotsillustrated.com/HTCamps)

**3 DIVISIONS Elementary(3,4), Jr.(5,6), Sr(7,8,9)**

**\*\*\*\*BACK AGAIN! – PAIR UP WITH A FRIEND OR  
BE A FREE AGENT AND CHOOSE YOUR TEAM!\*\*\*\***

**DON'T MISS THE MOST FUN IN HIGHLAND PARK!**

# "Competitor's Edge" Camps

**20<sup>th</sup> ANNUAL**

**Camp 1 -(June 22-June 25)    Camp 2 -(July 6-9)**

**Entering Grades 3-4 – ELEMENTARY DIVISION**

**Entering Grades 5-6 – JR. DIVISION**

**Entering Grades 7-9 – SR. DIVISION**

**Multi Purpose Athletic Center (Indoor)**

**9 a.m. – 12 p.m.**

**COST: \$220 (Camp 1) and (Camp 2), \$240 walk up day of camp**

**BOTH CAMPS \$340**

**\*\*\*DISTRICT POLICY – NO REFUNDS WITHIN 30 DAYS OF CAMP \*\*\***

- **This Camp will Feature:**
- **COACH WELLS – H.P. ASST. HEAD COACH VARSITY FOOTBALL / HEAD POWERLIFTING**
- **COACHES EASON, BLAIR AND STRINGER – M.I.S., HPMS, AND VARSITY COACHES**
- **CURRENT AND FORMER SCOT ATHLETES**
- **TEAMWORK / MOTIVATION / GAMES / COMPETITION**
- **AGE APPROPRIATE GROUPS**
- **Competitor's Edge T-SHIRT**
- **DODGEBALL / AERIAL FOOTBALL / KICKBALL / CAPTURE THE FLAG / WHIFFLE BALL  
TUG OF WAR, KNOCK-OUT, RELAYS & MORE**
- **LEAD YOUR TEAM TO VICTORY ON CHAMPIONSHIP DAY!**

Questions? Call or e-mail Grayson Wells 972-653-2549; [wells@hpsid.org](mailto:wells@hpsid.org)

CAMPER NAME \_\_\_\_\_ GR. NEXT YR. \_\_\_\_\_

ADDRESS \_\_\_\_\_ ZIP \_\_\_\_\_ PH. \_\_\_\_\_

PARENT NAME \_\_\_\_\_ E-MAIL \_\_\_\_\_

TEAM SELECTION – During team selection on 1<sup>st</sup> day, players may pair up or pick their team.

CHECK CAMP ATTENDING: Camp 1 (June 22-25) \_\_\_\_\_ Camp 2 (July 6-9) \_\_\_\_\_ Both Camps \_\_\_\_\_

ADULT T-SHIRT SIZE S M L XL XX OR YOUTH T-SHIRT SIZE S M L

PARENT SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

\*\*\*"All summer camps are conducted by HPISD coaches and are an enrichment activity of the HPISD."

**Register at [www.scotsillustrated.com/HTCamps](http://www.scotsillustrated.com/HTCamps)**

[Printable form here](#)



# ACADEMY FOR LIFELONG LEARNING

## SUMMER CLASSES

Register now for outstanding enrichment and learning opportunities for children. There are interesting classes for everyone!



### CLASSES START JUNE 1<sup>ST</sup> 2026



#### CONTACT US:



214-780-3380



[bjorkc@hpsid.org](mailto:bjorkc@hpsid.org)



# HP

## Tennis Academy



**2026 Summer Program**  
**May 26 – August 7**

**All Academy Brochure**





Meadows Museum  
**SUMMER  
CAMPS**  
On sale NOW!



Students entering the 4th through 8th grades are invited to the Meadows Museum's weeklong summer camps, where they can make artworks of their very own! Campers will also have the opportunity to explore art in the museum's galleries and go behind the scenes to view works that are rarely exhibited.

### **SENSATIONAL SCULPTURES**

**JUNE 1–5 | 9:00 a.m.–12:00 p.m.**

Chisel and carve. Model and mold. We'll explore the different materials used to create three-dimensional works of art, including clay, plaster, and wood.

*For rising 6th- through 8th-graders.*

### **PRINTMAKING PALOOZA**

**JUNE 22–26 | 9:00 a.m.–12:00 p.m.**

It's a Printmaking Palooza! This weeklong camp will introduce students to a variety of techniques, such as monoprint, screen printing, Gelli plate printing, and linocut.

*For rising 4th- through 6th-graders.*

**\$200 per child; \$175 for children of SMU students/faculty/staff; \$125 for children of Meadows Museum members at the Individual level and above.**

**Priority registration for members opens Feb. 2; registration for the public opens Feb. 14.**

**Register at [meadowsmuseumdallas.org/family-programs/](https://meadowsmuseumdallas.org/family-programs/)**







Our practical talk series equips parents, educators, and ministers to navigate life's challenges with resilience and purpose—drawing on mental health insights, faith, and effective communication to inspire lasting transformation.

**Youth & Difficult Thoughts: Suicide Prevention, Response, and Postvention | Tuesday, February 10, 6:30-8 pm**  
*Nathaniel R. Strenger, Psy.D., Licensed Psychologist*

Talk of teen suicide is terrifying. But, few things are more protective than an informed and collaborating community. At this Inform talk, we will equip parents, ministers, educators, and caregivers to take on an uncomfortable subject with confidence. We'll discuss preventative communication and the role of faith and community in well-being. We'll practice difficult conversations about risk factors and help-seeking. These are the foundations of community suicide prevention, response, and postvention.

**Empty Nest: Prepare for Launch | Tuesday, April 14, 6:30-8:00 pm**

*Carrie Davidson Psy.D., Licensed Psychologist and Clint Donaldson, LPC-S*

As we prepare for an empty nest and the launch of kids, how can we have a sustainable relationship with our young adult/college child. When do we step in and when do we step back? How can we encourage our kids to apply faith and values independently of us and be resilient, confident, and self-sufficient.

**The Mental Load for Moms | Tuesday, September 1, 6:30-8:00 pm**

*Katie Campbell, LCSW and Lindsey Parker, LPC*

The "mental load" or the invisible, constant, and often exhausting cognitive and emotional labor many moms carry—planning, remembering, organizing, anticipating needs, managing schedules, and keeping the household and family running— is a burdensome weight on Moms. We will help shine a light on the unseen work mothers do, how it impacts mental health, and what healthier balance can look like. Moms will leave with practical resources how every aspect of their lives – relationships, faith, physical well-being, emotional lives – can sync together for contentment and resilience in life.

**Holding On and Letting Go: Managing Holiday Grief After Loss | Tuesday, November 3, 6:30-8:00 pm**

*Sandy Robinson, LPC-S*

The holiday season can amplify feelings of grief, especially for empty nesters coping with the loss of parents or adjusting to new family dynamics. This discussion offers a compassionate space to explore how grief intersects with traditions, faith-life, expectations, and emotional well-being during the holidays. Participants will learn practical strategies for honoring memories, managing loneliness, and finding meaning in this season of change.

**REGISTRATION**

**There is no fee to attend, but we ask that you RSVP so we can prepare seating and send you a reminder before the event. To register, go to [TheCenterCounseling.org/Inform](https://TheCenterCounseling.org/Inform) or scan QR.**



**The Center**  
for Integrative Counseling  
and Psychology



**Talks are on Tuesdays from 6:30-8:00 pm at our Central Office location at 4305 MacArthur Ave, Dallas, Texas 75209.**

*Supported by a grant from La Fiesta de las Seis Banderas.*

"Learning is a lifelong experience."

The Academy for Lifelong Learning provides:

- Community education and enrichment classes for adults and children
- Extended School Day programs

Register now for outstanding enrichment and learning opportunities for children and adults. There are interesting classes for everyone!

[Classes Here](#)



## FINE ARTS DEPARTMENT NEWS

*"creativity takes courage" -henri matisse*

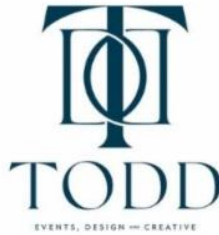
*"Use the following link to see the HPISD Fine Arts Department newsletter! <https://secure.smores.com/n/hnr5a> At the bottom of the newsletter, hit "Subscribe" to be added to the mailing list for all future newsletters. Please share with family and friends so that all of our HP Community can be tuned into our fantastic Fine Arts programs!"*

*A Royal Thank You to our Community Sponsors*



**LAKE SIDE**  
BANK

The ten Broeke  
Family



**SEWELL**

The Tharp Family

*Armstrong*  
Ever After

WHERE LEARNING IS MAGICAL



Armstrong Elementary | 214.780.3100 | 3600 Cornell Ave | [Armstrong.hpisd.org](http://Armstrong.hpisd.org)

Amanda Hollier, Counselor  
214.780.3140

Betsy Cummins, Principal  
214.780.3100

214.780.3120

Jamie Condon, Admin  
Asst  
214.780.3103

Annie Celestino,  
Cafeteria  
214.780.3125

Lane Arnold  
214.780.3102

Attendance Desk  
214.780.3100



[PTA Website](#)

[Armstrong Dad's Club](#)

[ARattendance@hpsid.org](mailto:ARattendance@hpsid.org)

Thank you to the 2022 - 2023  
Armstrong Elementary Community Partners!

Armstrong Elementary | 3600 Cornell Avenue | Dallas, TX 75205 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!