



Armstrong Article

Campus Newsletter



Sponsored by:



CLASSIC
HOME CARE



October

6 - Kindergarten Parent Party
7 - 8 - Invention Convention
9 - Founder's Day Picnic, Bring a blanket!
12 - Student and Staff Holiday
14 - 3rd Grade Parent Party
16 - PNO with Miss Amber & Mrs. Haynes
20 - Picture Retakes & **Class Group Photos**
21 - All Things Armstrong & PTA General Meeting, 8:15AM, in the Auditorium
21 - 2nd Grade Parent Party
22 - 4th Grade Parent Party
23 - 2nd Grade Performance, 8:15
23 - Movie Night, Large Field, Doors open at 6:00pm, Movie at 7:15pm
26 - 30 - Red Ribbon Week
30 - Kinder Book Character Parade, 8:15am
30 - Armstrong Live, 2:40pm
30 - Dads Club Tailgate

Stay up to date with Armstrong happenings by [subscribing to the calendar](#).



October 5, 2026

Dear Armstrong Families,

We have many ways of honoring our dedicated staff members! Thank you to the families that have submitted a shout out for an Armstrong staff member this year. Another way of honoring our staff members is with the Heart at Work award. HPISD is accepting nominations for the current school year, and we appreciate your participation. We are looking for the “unsung heroes” who are going the “extra mile” in serving our students, staff, families and community.

Each month, the district will recognize the nominees for that month. In the spring, the District "Heart at Work" award committee will review all recognized individuals from each campus and select one professional and one paraprofessional, along with a representative from the District office, to be honored at the annual staff recognition banquet. Each district winner will also receive a \$500 stipend by payroll check.

"Heart At Work" nominations can be submitted by teachers, administrators, staff, students, parents, families and anyone interested in the well-being of our HPISD community. Candidates cannot be nominated by relatives. Please use the following link to nominate a deserving staff member!

[Nomination Form](#)



As we continue through the school year, I want to ask for your help keeping our students safe during drop-off and pick-up. Please remember to:

- Follow posted speed limits and traffic flow in the school zone
- Avoid cell phone use while driving through the parking lot or pick-up line
- Only load and unload students in designated areas
- Come to a complete stop and watch for children crossing, even in crosswalks
- Be patient during busy drop-off and pick-up times

Our students' safety is everyone's responsibility, and small moments of caution make a big difference. Thank you for helping us keep Armstrong Elementary a safe place for all our students.



We love celebrating all the great things happening at Armstrong! Please take a few minutes to fill out this [Google Form](#) to give a staff member a well-deserved Shout Out!

*When I asked what made my child's day so great, all he said was, "Mrs. Cothran," with a huge smile on his face. Just being her joyous self lit up my child's day!

As always, I value your input and feedback. Please let me know if you need anything or have any questions. I am available by email or phone at your convenience.

Sincerely,

Betsy Cummins

Betsy Cummins
Principal
cumminb@hpsd.org

-



@armstrong_eagles
@armstrongeaglesHP
@armstrongauction
@thearmstrongdadsclub





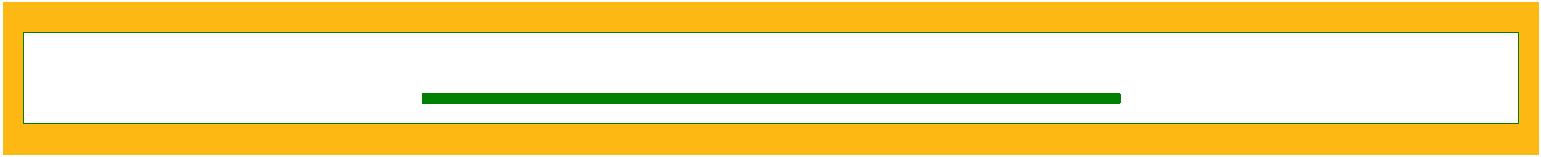
Reading Schedule

September 21:	Chapters 1 - 6
September 22:	Chapters 7 - 13
September 23:	Chapters 14 - 18
September 24:	Chapters 19 - 24
September 27:	Chapters 25 - 30
September 28:	Chapters 31 - 36
September 29:	Chapters 37 - 42
September 30:	Chapters 43 - 48
October 1:	Chapters 49 - 54
October 4:	Chapters 55 - 60
October 5:	Chapters 61 - 67
October 6:	Chapters 68 - 74
October 7:	Chapters 75 - 80

**BOOK
GENEROUSLY
PROVIDED BY:**



**BOOKMARK DESIGN BY
ADLER RADLOFF - 3RD GRADE**



Wiggle, Giggle, & Boo!!!

**Join Ms. Amber & Mrs. Haynes for a Night of
Games, Crafts, and Spooky-Free Fun**

*Leave the entertainment to us! The kids will enjoy a fun
lineup of activities:*

- *Monster Mash Freeze Dance*
- *Craft Station*
- *Witches' Brew Slime Lab*
- *Glow-in-the-Dark Hunt: Hunting for hidden ghosts using
flashlights!*



Armstrong PNO
Friday, October 16, 2026

*****Registration begins on Wednesday,
October 7th*****

[Click here for Registration Form](#)

Lunch Menus for October 2026

OCTOBER BOOIRTHDAYS

14 - Ben Acker

22 - Kristi Rigg

24 - Alex Perez

29 - Hannah Szuba

PTA News



The wildest night of the year is getting closer... and there are still a few ways to make your mark on Safari Soirée! 🦁✨

We have some AMAZING sponsorship opportunities still available—each offering a fun way to support Armstrong while putting your family or business front and center throughout the evening.

From memorable guest experiences to standout event moments, there's something for every sponsor. 🌿🥂

Swipe to see what's still up for grabs and claim your favorite before it's gone!

♥ Interested in sponsoring? DM us or email armstrongauction2026@gmail.com.

Safari Soirée: A Wild Night

November 13, 2026 | Dallas Country Club

[CLICK HERE FOR SPONSORSHIP OPPORTUNITIES](#)



🌿 **PTA SHOUT-OUTS FROM THE PRESIDENT! WE ARE WILD ABOUT OUR VOLUNTEERS!** 🌿

Our **Legacy Committee** is blazing the trail for Armstrong's future! **Monet Ball** (Legacy Committee Chair), **Andrea Cheek** (VP of Building & Grounds), **Lauren Conway**, **Lara Francis**, **Brooke Garner**

and Kasha Lee have spent countless hours behind the scenes meeting, brainstorming, researching and working toward the exciting goal of a major refresh of our playground and field.

This is a **WILDLY** big undertaking, and this incredible team has jumped in with tremendous energy, talent and dedication. We are so grateful for the time and heart they are pouring into a project that will leave a lasting legacy for Armstrong students for years to come. Thank you for leading the pack and dreaming BIG for Armstrong — we are **WILD** about you!

Our Armstrong garden is growing **WILD**, thanks to **Diana Man!** Diana has been working hard behind the scenes to keep our garden staffed with volunteers and ready for our little Eagles to dig in and learn.

Thank you, Diana, for helping this special Armstrong space continue to grow, bloom and thrive! We are so grateful for you and **WILD** about all you do!

A huge ROAR for our Cafeteria Volunteer Coordinator Chair, **Jimmy Ogden!** Jimmy has been on the hunt for volunteers and making sure our cafeteria is fully staffed, everyone is trained and ready to go, and our kiddos are happy and fed!

Keeping the lunchroom running smoothly is no small feat, and Jimmy has done an incredible job leading the pack and keeping everything on track. Thank you, Jimmy, for tackling it all with such enthusiasm. You're the KING of the cafeteria jungle, and we are **WILD** about you!



We're WILD About Principal Cummins!

October is **Principal Appreciation Month**, and there's no one we'd rather celebrate than our incredible **Principal Cummins**!

From being the **first smiling face our Eagles see each morning** to leading Armstrong with heart, enthusiasm, and an unwavering commitment to our students and teachers, Principal Cummins truly sets the example for us all. She is an exceptional leader, educator, encourager, and the heart of our Armstrong family.

We feel incredibly lucky to have her **leading the pack** at Armstrong!

All month long, help us show Principal Cummins just how WILD we are about her! Give her a **hug, high five, kind word, big smile, or special thank-you** when you see her around school.

Principal Cummins, thank you for loving our Eagles, leading by example, and making Armstrong such a special place to learn and grow. We are WILD about you! 🦅💚

Last Day to purchase tickets October 1

FOUNDER'S DAY *Picnic*

Buy a ticket, grab your picnic blanket
and join us on the Big Field for the 112th
annual Founder's Day Picnic!

FRIDAY, OCTOBER 9

In-N-Out hamburgers & cheese burgers, chips and
drinks will be served with the purchase of a ticket
along with a special treat from Principal Cummins!

REMINDER: THE CAFETERIA WILL BE CLOSED.
YOUR CHILD MUST HAVE A TICKET OR BRING A LUNCH FROM HOME.

PRESCHOOL:

TEACHER	TIME
Szuba	10:45–11:15
Jordan	10:45–11:15

KINDERGARTEN:

TEACHER	TIME
Barbo	11:00–11:30
Banks	11:05–11:35
McCormack	11:10–11:40

1ST GRADE:

TEACHER	TIME
Pena	11:15–11:45
Gaubert	11:20–11:50
Talley	11:25–11:55
Adelsberg	11:30–12:00

2ND GRADE:

TEACHER	TIME
Katz	11:40–12:10
Johnson	11:45–12:15
Mobley	11:50–12:20
Olsen	11:55–12:25

3RD GRADE:

TEACHER	TIME
Bily	12:00–12:30
Massey	12:05–12:35
Rigg	12:10–12:40
Partyka	12:15–12:45

4TH GRADE:

TEACHER	TIME
Green	12:20–12:50
Morga	12:25–12:55
Kuehn	12:30–1:00
Walters	12:35–1:05

BUY A TICKET, GRAB YOUR PICNIC BLANKET
AND JOIN US ON THE BIG FIELD FOR OUR
Wildly Fun Founder's Day Picnic!



Check here to see if
you've purchased tickets!



Purchase Tickets Here!

[Click here to see if you have purchased tickets!](#)



REQUIRED FOR ALL 3RD GRADERS
Other Grades May Participate

SEPTEMBER 9



Intent-to-Invent
Forms Passed Out
to 3rd Grade

*Other participants
may download
a form below.*

SEPTEMBER 23



Intent-to-Invent
Forms Due to
your Teacher

SEPTEMBER 25



Poster Boards
Passed Out to
Participating
Students

OCTOBER 7



Inventions Due
in Small Gym
7:30am – 7:50am

OCTOBER 8



Party to
Announce Winners
(more details to come)
and
Invention Pick-Up



**CLICK HERE FOR
INTENT-TO-INVENT FORM**



QUESTIONS?

Katie Chang
Katie.Norman@gmail.com

Lara Francis
Lara.Sorokolit@gmail.com



DREAM • DESIGN • INVENT



About All Things Armstrong

**Wednesday, October 21st
at 8:15am**

IN THE ARMSTRONG AUDITORIUM

**Wednesday, October 21st
at 8:15am**


CLINIC
CONCIERGE

Hear from
Clinic Concierge



Allison Vanderwoude
from the Highland Park
Education Foundation



Hear from
Landen Tiller
President - Ele
about the PTA Volun
Positions for the
2027 - 2028 school

Wild about **ARMSTRONG**

OCT-23
2026

**FAMILY
MOVIE NIGHT**

— *on the lawn* —

6:00 PM



ARMSTRONG LARGE FIELD



GATES OPEN 6:00 PM



MOVIE STARTS AT 7:15 PM

**MIMI'S
PIZZA**



**BOUNCE
HOUSES**



CANDY BAR

Hosted by Fourth Grade •
Cash and Venmo Accepted



**BEVERAGE
STATION**

Bring water bottles
for you and your kids



**POPCORN
BAR**



**CUPCAKE BAKING
AND DECORATING**



**PHOTO
BOOTH**



**VIP CHECK IN AND
PRIORITY SEATING**

Purchased in Family Giving

★ **MOVIE HINT** ★

We'll be cooking in Paris!



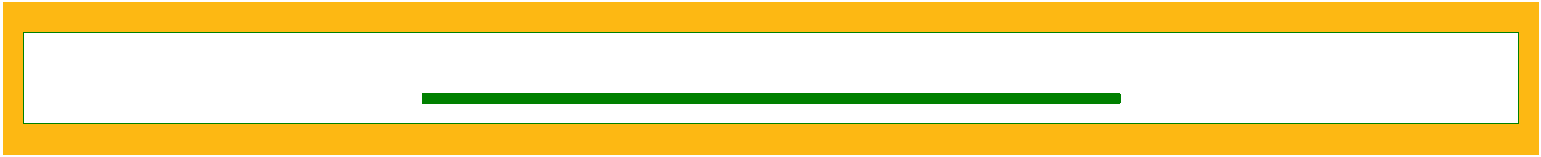
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**INTERESTED?
CONTACT PTA**



Bring your own blanket and water bottles







SAVE THE DATE

BIKE RODEO

A WILD ABOUT ARMSTRONG
EXPEDITION



FRIDAY
NOVEMBER 6
2026



GIVE BACK!

SHOP. LABEL. SUPPORT.

Every label you buy helps support
ARMSTRONG ELEMENTARY!

Shop at
Oliver's Labels
& they will give
part of the
proceeds back to
ARMSTRONG!



FOR CLOTHING

No more lost
sweaters, jackets
& uniforms!



FOR SCHOOL STUFF

Perfect for pencils,
notebooks, water
bottles & more!



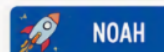
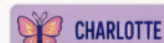
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labels that stick
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GRAPHIC DESIGNS

to choose from!



SHOP TODAY & MAKE A DIFFERENCE!

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**You save 20%,
Minted donates 10%**

Enjoy 20% off Minted stationery and gifts with
our exclusive code, and they'll donate 10%
of net sales back to our school.

Use code:

FUNDRAISEARMSTRONG



Community News

HPHS Department of Theatre Presents Fall Musical *Hello Dolly!* Oct. 15th - 18th

It's time to "put on your Sunday clothes!" Highland Park High School's Department of Theatre proudly presents our Fall Musical *Hello Dolly!* at Palmer Auditorium October 15th - 18th.

Follow the spirited matchmaker Dolly Levi as she brings people together and waltzes her way into everyone's hearts. This Tony Award-winning classic is filled with big personalities, dazzling costumes, show-stopping dance numbers and an incredible score by Jerry Herman. It's a joyful celebration of love, laughter and living life to its fullest!

Performances at HPHS Palmer Auditorium:

10/15 @ 7pm

10/16 @ 7pm

10/17 @ 7pm

10/18 @ 2pm

*Ticket info coming soon!





DESTINATION IMAGINATION

Join a team to start your creative journey!

- Solve awesome STEAM challenges
- Make new friends & learn new skills
- Develop your creative side
- Plan, build and present your own solution

JOIN US FOR AN INFO SESSION!

WHO: K-12 Students and Parents

WHERE: Hyer Library

WHEN: Tuesday, 10/13/26 @ 7 PM





SCOTS WRESTLING CLUB

2026-2027 SEASON REGISTRATION

NOW OPEN

BUILD
STRONGER
KIDS

ON AND
OFF THE
MAT



PRE-K - 12TH GRADE



SIGN UP TODAY!



LOW COACH-TO-ATHLETE
RATIO



BEGINNER AND
ADVANCED GROUPS



BEGINNER GROUP

\$699

Mon & Wed 5:00-6:00 PM



INTERMEDIATE GROUP

\$699

Tue & Thu 5:00-6:00 PM



ADVANCED GROUP

\$999

Mon, Tue & Thu 6:00-7:30 PM



BUILDS CHARACTER

Learn hard work,
respect & teamwork



SEASON DATES

OCTOBER 26TH, 2026 –
FEBRUARY 25TH, 2027



PRACTICE LOCATION

Practices held at the Highland
Park High School wrestling room



HOW TO REGISTER



VISIT: [SCOTSWRESTLINGCLUB.COM](https://scotswrestlingclub.com)

TO VIEW MORE DETAILS AND

SIGN UP TODAY



COACHED BY
FORMER COLLEGIATE AND
ALL-AMERICAN WRESTLERS

NICK PICCININNI

ANTHONY COLLICA

ANTHONY MONTALVO

HUNTER STIEBER

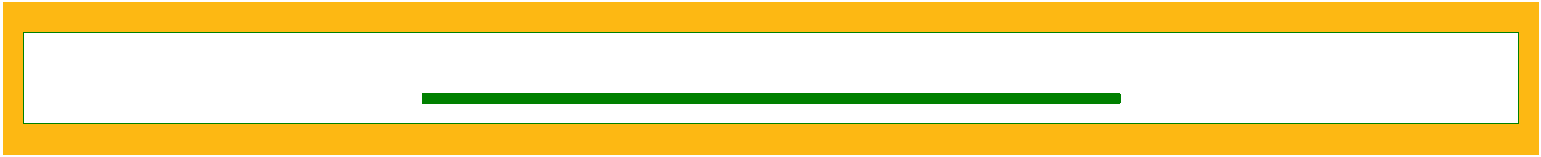
JAMUAL PARKS

JEREMIAH KENT

THADDEUS LONG



BUILD STRENGTH. BUILD ATHLETICISM. BUILD CONFIDENCE.



HIGHLAND PARK KLIFE DODGEBALL TOURNAMENT

Get Your Team Ready!

The annual HP KLIFE Dodgeball Tournament is back!
Grab your friends, build your team and get ready
for an afternoon of dodgeball and fun!



3RD - 7TH GRADE
**6-8 PLAYERS
PER TEAM**

Boys' + Girls' Leagues
by Grade



**FRIDAY,
NOVEMBER 6TH**



3:30 - 7:30 PM



**HPUMC TOLLESON
CENTER**

5817 Hillcrest Ave
Dallas, TX 75205

REGISTER YOUR TEAM HERE →

<https://events.idonate.com/hpklife-dodgeball-team-2026>

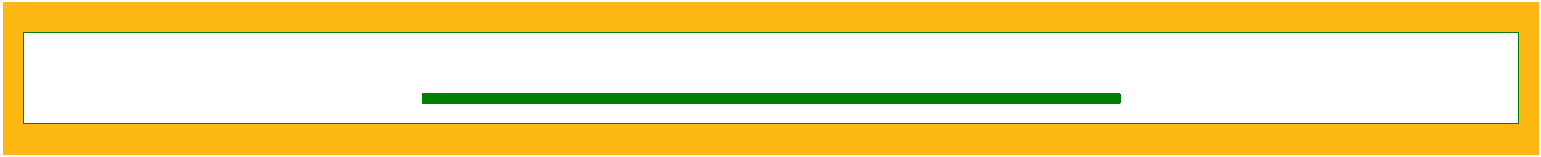
**HELP MAKE THE TOURNAMENT HAPPEN –
BECOME A SPONSOR! →**

<https://gift.idonate.com/highland-park-klife/Sponsorhpklifedodgeball>

IF YOU HAVE ANY QUESTIONS, CONTACT

CODI CARROLL 214-417-3743

HEATHER COLE 858-735-3869



DIMA
TEXAS

DFW INSTITUTE OF MUSICAL ADVANCEMENT

PRESENTS

CRESCENDO

The Dallas Youth Music Competition

BENEFITING INSPIRED SOUNDS
GLOBAL ACCESS TO MUSIC EDUCATION

LIVE & RECORDED DIVISIONS

Ages 7–16 | Piano, Strings, Voice, Guitar



WINNERS PERFORM AT
CARNEGIE HALL

WEILL RECITAL HALL
January 17, 2027 | 1:00 PM

DATE
OCTOBER 18TH, 2026
1:00 – 4:00 PM

LOCATION
STEINWAY HALL
Dallas, Texas

REGISTER / LEARN MORE

[DIMA Texas.com](https://DIMATexas.com)

MUSIC CREATES BRIGHTER TOMORROWS

The DFW Institute of Musical Advancement (DIMA) is proud to debut **CRESCENDO: The Dallas Youth Music Competition**, presented by DIMA and benefiting Inspired Sounds: Global Access to Music Education.

This competition will take place on **Sunday, October 18th, 2026** from **1:00-4:00pm** in **Steinway Hall, Dallas, TX**. Among other awards, the first place winners will be invited to perform at Carnegie Hall on January 17th, 2027. For more detailed information, visit [//DIMATexas.com/crescendo](https://DIMATexas.com/crescendo), or contact us at crescendodallas@gmail.com.

We encourage you to pass along this information and our promotional poster to music educators and instructors with students aged 7-16 who may be interested in applying. Applications close October 14th, 2026.



CHEERLEADERS & SCOTSMEN



Hamburger Supper

FRIDAY, OCTOBER 30, 2026

DINE IN 5:00-6:30PM | TAKE OUT 4:30-6:00PM

Burger House will provide their famous burgers & fries in the HPHS Cafeteria before the football game so bring the kids, grab a burger, and get ready to cheer on the Scots!

📢 **WANT TO CHEER WITH THE VARSITY CHEERLEADERS?** 📢

Get your raffle tickets for a chance to be Cheerleader of the Day
The winner will cheer at a Fall 2027 football game!



TO PURCHASE DINNER TICKETS, RAFFLE TICKETS & T-SHIRTS SCAN THE QR CODE OR VISIT:

<https://2026-hp-cheer-hamburger-supper.cheddarup.com>







Our practical talk series equips parents, educators, and ministers to navigate life's challenges with resilience and purpose—drawing on mental health insights, faith, and effective communication to inspire lasting transformation.

Youth & Difficult Thoughts: Suicide Prevention, Response, and Postvention | Tuesday, February 10, 6:30-8 pm
Nathaniel R. Strenger, Psy.D., Licensed Psychologist

Talk of teen suicide is terrifying. But, few things are more protective than an informed and collaborating community. At this Inform talk, we will equip parents, ministers, educators, and caregivers to take on an uncomfortable subject with confidence. We'll discuss preventative communication and the role of faith and community in well-being. We'll practice difficult conversations about risk factors and help-seeking. These are the foundations of community suicide prevention, response, and postvention.

Empty Nest: Prepare for Launch | Tuesday, April 14, 6:30-8:00 pm

Carrie Davidson Psy.D., Licensed Psychologist and Clint Donaldson, LPC-S

As we prepare for an empty nest and the launch of kids, how can we have a sustainable relationship with our young adult/college child. When do we step in and when do we step back? How can we encourage our kids to apply faith and values independently of us and be resilient, confident, and self-sufficient.

The Mental Load for Moms | Tuesday, September 1, 6:30-8:00 pm

Katie Campbell, LCSW and Lindsey Parker, LPC

The "mental load" or the invisible, constant, and often exhausting cognitive and emotional labor many moms carry—planning, remembering, organizing, anticipating needs, managing schedules, and keeping the household and family running— is a burdensome weight on Moms. We will help shine a light on the unseen work mothers do, how it impacts mental health, and what healthier balance can look like. Moms will leave with practical resources how every aspect of their lives – relationships, faith, physical well-being, emotional lives – can sync together for contentment and resilience in life.

Holding On and Letting Go: Managing Holiday Grief After Loss | Tuesday, November 3, 6:30-8:00 pm

Sandy Robinson, LPC-S

The holiday season can amplify feelings of grief, especially for empty nesters coping with the loss of parents or adjusting to new family dynamics. This discussion offers a compassionate space to explore how grief intersects with traditions, faith-life, expectations, and emotional well-being during the holidays. Participants will learn practical strategies for honoring memories, managing loneliness, and finding meaning in this season of change.

REGISTRATION

There is no fee to attend, but we ask that you RSVP so we can prepare seating and send you a reminder before the event. To register, go to TheCenterCounseling.org/Inform or scan QR.



The Center
for Integrative Counseling
and Psychology



Talks are on Tuesdays from 6:30-8:00 pm at our Central Office location at 4305 MacArthur Ave, Dallas, Texas 75209.

Supported by a grant from La Fiesta de las Seis Banderas.

"Learning is a lifelong experience."

The Academy for Lifelong Learning provides:

- Community education and enrichment classes for adults and children
- Extended School Day programs

Register now for outstanding enrichment and learning opportunities for children and adults. There are interesting classes for everyone!

A.L.L. Classes Here



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Armstrong Elementary | 214.780.3100 | 3600 Cornell Ave | Armstrong.hpisd.org

Amanda Hollier, Counselor

Betsy Cummins, Principal

Jamie Condon, Admin
Asst

Annie Celestino,
Cafeteria

Lane Arnold
214.780.3102

Attendance Desk

[PTA Website](#)

[Armstrong Dad's Club](#)

ARattendance@hpisd.org

Armstrong Elementary | 3600 Cornell Avenue | Dallas, TX 75205 US

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