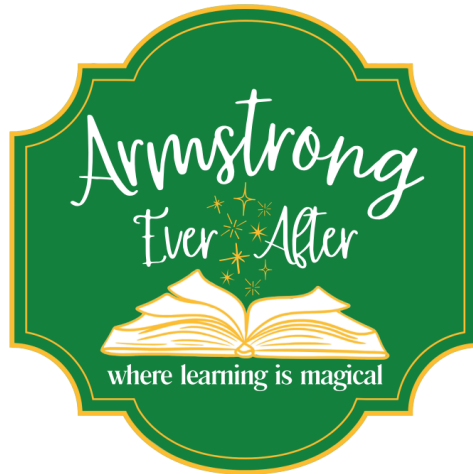




Armstrong Article

Campus Newsletter



Sponsored by:



May

- 11 - Retirement Gathering in Library for Jana Beth Eidson (Master Gardener)
- 12 - 3rd Grade Square Dance Performance - Gym

22 - Field Day and Last Day of School 2025-2026

Stay up to date with Armstrong happenings by [subscribing to the calendar](#).



May 11, 2026

Dear Armstrong Families,

As we close out this school year and plan for the 26-27 school year, I would like to take an opportunity to offer appreciation to all of our families! Your contributions throughout the school year, both financially and through volunteering, make a positive impact on our school. We extend our sincerest gratitude for the thoughtful week of staff appreciation gifts, treats, and meals! We are truly fortunate to be a part of such a highly supportive community of parents and families. Armstrong Elementary is indeed a remarkable place, and we are deeply appreciative of the continued support, love, and care for our staff and students.

The following donors have sponsored treats and meals for our staff throughout the year:

- *Palo Alto Investments/Patrick and Charlotte Lee-Stock the Fridge for April and May and Lunch for a Week for the Staff
- *Miss Massey's Class Parents-Treat Trolley in October
- *Comerica-Teacher Appreciation Meal Sponsor in October

We would also like to personally thank the Gould Family for sponsoring Magical Me for our kindergarteners! It was a fabulous performance.

One important factor in planning for the 2026-2027 school year is enrollment! Enrollment numbers are essential in helping us plan appropriately and ensure we have the right number of teachers and staff members to best support our students. Please encourage your friends and neighbors to complete online enrollment at [HPISD](#) if they will be joining us as a new family at Armstrong.

If you need to update your address or share information regarding your plans and decisions for the upcoming school year, please reach out to Jamie Condon at condonj@hpsid.org.

We are excited that we will see the HPISD bond funds at use again this summer at Armstrong! ***Our building, fields, and playground will be closed to visitors, community members, and staff from approximately May 22-August 7.*** We are excited to have these improvements at our school and know

that the community will appreciate the improvements once the projects are completed. The projects and upgrades include restroom updates, classroom floor replacements, bulletin boards and dry erase board repairs, locker replacements, and a variety of other maintenance needs.

The Armstrong office staff will be working at Boone Elementary this summer from May 26-June 11 and July 20-August 3. We will have our phone calls forwarded to ensure that we are available for any of your communication needs, and we will provide updates throughout the summer. All elementary offices are closed from June 15-July 17. I will respond to email throughout the summer, so please do not hesitate to reach out if you need anything or have questions.

Once again, thank you for your generosity, kindness, and dedication to the success of our school. We look forward to continuing our partnership and achieving even greater milestones together!

As always, please reach out to me or your child's teacher if you have any questions or concerns. Let's have an amazing last nine days of school!

Sincerely,
Betsy Cummins


Betsy Cummins
Principal
cumminb@hpsid.org



@armstrong_eagles
@armstrongeaglesHP
@armstrongptapresident
@thearmstrongdadsclub

**3rd Grade Square Dance Performance - Large Gym 9am, Tuesday, 5-12-26.
Please register - Thank you!**

[Register Here!](#)



PLEASE JOIN US

*To Celebrate
The Retirement of*

JANA BETH EIDSON

*And her many years of loving service
and commitment to Alice's Garden.*

MONDAY, MAY 11TH

3:30 PM

JOHN S. ARMSTRONG
ELEMENTARY SCHOOL
LIBRARY

Light Refreshments Will Be Served

Soaring Into the Next Grade Level Meetings

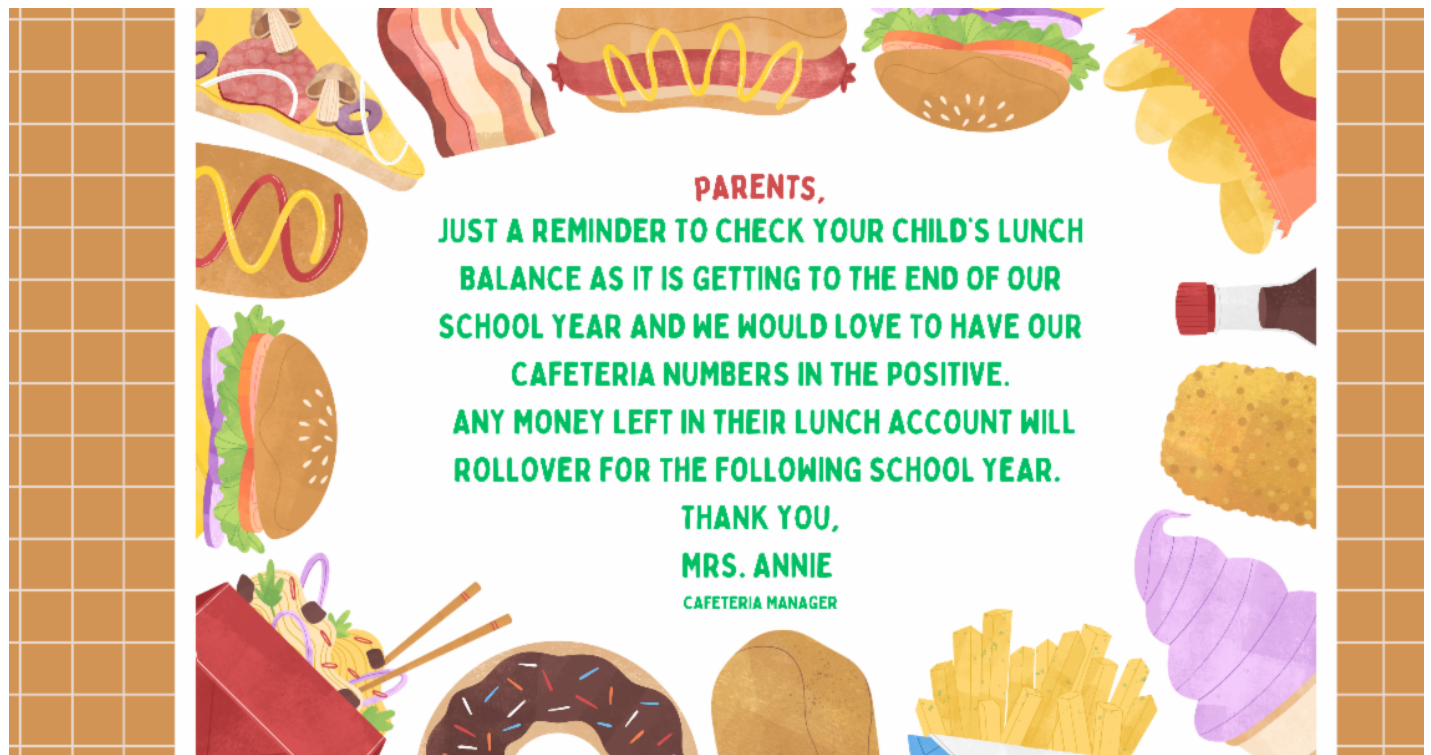
[Grade Level Slides Here](#)



*As we are drawing near to the end of school, please stop by and pick up all medication that you have for your child in the clinic. **Any medication not picked up on the last day of school will be discarded, as we are not allowed to store medications over the summer. This includes Epi-Pens, inhalers, and all prescription and over-the counter medications.***

*Thank you for a wonderful 2025-2026 school year.
Have a happy and healthy summer!*

*Please contact Nurse Paige or Nurse Claire with any questions.
Clinic Phone Number: 214-780-3120*



PARENTS,
JUST A REMINDER TO CHECK YOUR CHILD'S LUNCH
BALANCE AS IT IS GETTING TO THE END OF OUR
SCHOOL YEAR AND WE WOULD LOVE TO HAVE OUR
CAFETERIA NUMBERS IN THE POSITIVE.
ANY MONEY LEFT IN THEIR LUNCH ACCOUNT WILL
ROLLOVER FOR THE FOLLOWING SCHOOL YEAR.

THANK YOU,
MRS. ANNIE
CAFETERIA MANAGER

**THANK YOU TO OUR
TEACHER APPRECIATION WEEK SPONSO**

PALO ALTO INVESTORS

FUNDAMENTAL RESEARCH SINCE 1989

Charlotte & Patrick Lee

We are so incredibly appreciative of all of the Armstrong Parents, Sponsors and Committee Chairs for showering us with love this year! Our Teacher Appreciation week was enjoyed by the entire staff at Armstrong and we can't thank you all enough for your generosity!

Here is the April Menu for Lunch!

PREK-1ST
GRADE MENU

MAY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 PREK-1 SLICED CHEESE CORN CESAR SALAD MANDARIN ORANGES COLD LUNCH: CHOICE OF SANDWICH BAKED LAYS, CHIPS FRUIT OF THE DAY
4 PREK-1 BAKED CHICKEN, WHITE RICE, HOUSE VEGGIES, APPLE SLICES COLD LUNCH: CHOICE SANDWICH GOGURT, GOLDFISH CARROT STICKS	5 PREK-1 CHICKEN NUGGETS GREEN BEANS MASH POTATO FRUIT OF THE DAY COLD LUNCH: TURKEY CHEESE PINWHEELS PICKLE SPEARS, FRUIT OF THE DAY	5 PREK-1 BREAKFAST FOR LUNCH HASHBROWN BACON FRUIT OF THE DAY	7 PREK-1 PASTA W/ MEAT SAUCE GARLIC BREAD CESAR SALAD GRAPES COLD LUNCH: PEPPERONI BENTO BOX WITH FRESH CUCUMBERS AND FRUIT OF THE DAY	8 PREK-1 BURGER WAFFLE FRIE BAKED BEAN ORANGES COLD LUNCH: CHOICE OF SANDWICH, ORANGE SMILES, CHEESE STICK, PICKLE S
11 PREK-1 CHICKEN TENDER ROASTED BROCCOLI MAC. CHEESE HOMEMADE APPLE SAUCE COLD LUNCH: CHOICE SANDWICH GOGURT, GOLDFISH CARROT STICKS	12 PREK-1 NACHOS (BEEF OPTIONAL) RANCH STYLE BEANS MEX. RICE STRAWBERRIES COLD LUNCH: CHOICE SANDWICH PICKLE SPEARS GRAHAM CRACKER, FRUIT OF THE DAY	15 PREK-1 PAN PIZZA DAY CORN CESAR SALAD STRAWBERRIES COLD LUNCH: CHOICE SANDWICH MINI VEGGIE PASTA FRUIT OF THE DAY CHEEZE IT'S	14 PREK-1 STEAK BITES BROCCOLI AND RICE GARLIC BREAD PINEAPPLE COLD LUNCH: CHOICE SANDWICH CUCUMBERS FRUIT OF THE DAY GOGURT	15 PREK-1 GRILLED CHEESE SANDWICH TATER TOTS TOMATO BASIL SALAD ORANGE SMILES COLD LUNCH: CHOICE OF SANDWICH ORANGE SMILE CHEESE STICK, PICKLE SPEAR
18 PREK-1 BREAKFAST FOR LUNCH PANCAKES HASHBROWN BACON APPLE SAUCE COLD LUNCH: CHOICE SANDWICH GOGURT GOLDFISH CARROT STICKS	19 PREK-1 PASTA W. MARINARA VEGGIE OF THE DAY GARLIC BREAD FRUIT OF THE DAY COLD LUNCH: CHOICE SANDWICH CHEESE STICK VEGGIE OF THE DAY FRUIT OF THE DAY	20 PREK-1 CHICKEN NUGGET GREEN BEANS VEGGIE OF THE DAY FRUIT OF THE DAY COLD LUNCH: CHOICE SANDWICH CHEESE STICK VEGGIE OF THE DAY FRUIT OF THE DAY	21 PREK-1 SLICED CHEESE PIZZA CORN HOUSE VEGGIE MANDARIN ORANGES COLD LUNCH: CHOICE SANDWICH CHEESE STICK VEGGIE OF THE DAY FRUIT OF THE DAY	22 CAFETERIA CLOSED

2ND- 4TH
GRADE MENU

MAY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 <u>2ND-4TH GRADE</u> SLICED CHEESE PIZ CORN, BAKED FISH CESAR SALAD CHICKEN WINGS
4 <u>2ND-4TH GRADE</u> BAKED CHICKEN, OR CHICKEN TERIYAKI WHITE RICE, HOUSE VEGGIES,	5 <u>2ND-4TH GRADE</u> CHICKEN NUGGETS GREEN BEANS MASH POTATO	6 <u>2ND-4TH GRADE</u> BREAKFAST FOR LUNCH HASHBROWN BACON FRUIT OF THE DAY	7 <u>2ND-4TH GRADE</u> PASTA W/MEAT SAUCE GARLIC BREAD CESAR SALAD LEMON PEPPER WINGS	8 <u>2ND-4TH GRAD</u> BURGER OR CHEE BURGER WAFFLE FRIES BAKED BEANS BAKED HONEY SAL WHITE RICE W/ VEGGIES
11 <u>2ND-4TH GRADE</u> CHICKEN TENDER MAC. CHEESE HOMEMADE JOE'S HOMEMADE CHILI	12 <u>2ND-4TH GRADE</u> TACO TUESDAY OR TACO SALAD WHITE MEX RICE RANCH STYLE BEANS BEEF-BEAN-CHEESE BURRITO OR CHICKEN FAJITA	13 <u>2ND-4TH GRADE</u> PAN PIZZA DAY CORN CESAR SALAD HOT WINGS	14 <u>2ND-4TH GRADE</u> BEEF BITES BROCCOLI & RICE GARLIC BREAD CHEESE LASAGNA	15 <u>2ND-4TH GRAD</u> HOT DOGS FRENCH FRIES ROASTED GREEN BI OR BAKED FISH
18 <u>2ND-4TH GRADE</u> PANCAKES, BACON, HASH BROWN, SAGE LINKS OR MANAGERS CHOICE	19 <u>MANAGERS CHOICE</u>	20 <u>MANAGERS CHOICE</u>	21 <u>2ND-4TH GRADE</u> SLICED CHEESE PIZZA CORN, HOUSE VEGGIE CHICKEN WINGS	22 <u>CAFETERIA CLOSED</u> 🔍 🔍 🔍





PRE-K POPSICLES



Let's celebrate the last chapter of a magical school year!

Friday, May 15

3:15 - 4:15 pm

Armstrong Playground



Siblings are included at the Pre-School Popsicle Party!



Nervous about
sending your
4th grader to MIS?

Join us in the Raider
Cafeteria and see
them at school!

Claim shifts in VSP starting March 9th, 2

[Sign up for a VSP account here!](#)

VSP is the system MIS/HPMS uses to sign up volunteers across the camp!

Try a shift before school ends!

If you want an inside glimpse –

Contact Katherine & Tracy to get on the
schedule to try it or join for next year

Katherine.issel@gmail.com

portmelech@gmail.com

We hope to see you there!

They are still looking for Monday day captains if you are interested, let them know!

Katherine.issel@gmail.com

portmelech@gmail.com



KINDERGARTEN ENROLLMENT


Enroll your 5-year-old in kindergarten today! Kindergarten enrollment opened on February 3, 2025, and will close soon. Secure your child's spot by enrolling today! Learn more at [HPISD.org/kinder](https://hpsd.org/kinder).



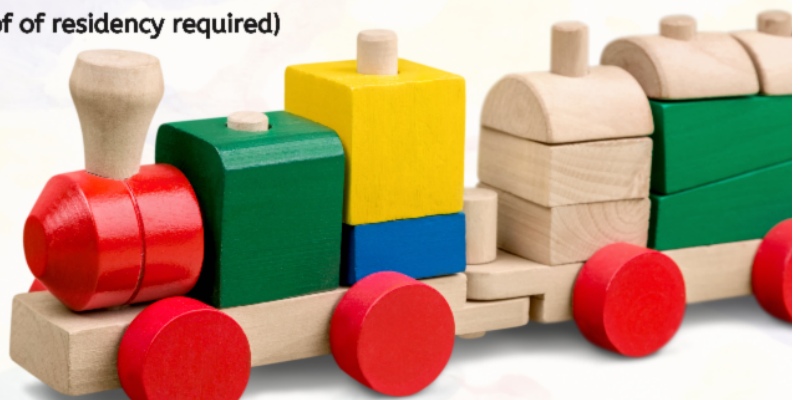
PROGRAM CHECKLIST:

- ✓ Must be 5 years old on or before September 1, 2025
- ✓ Live in the City of UP or Town of HP (proof of residency required)
- ✓ Campus tours available upon request

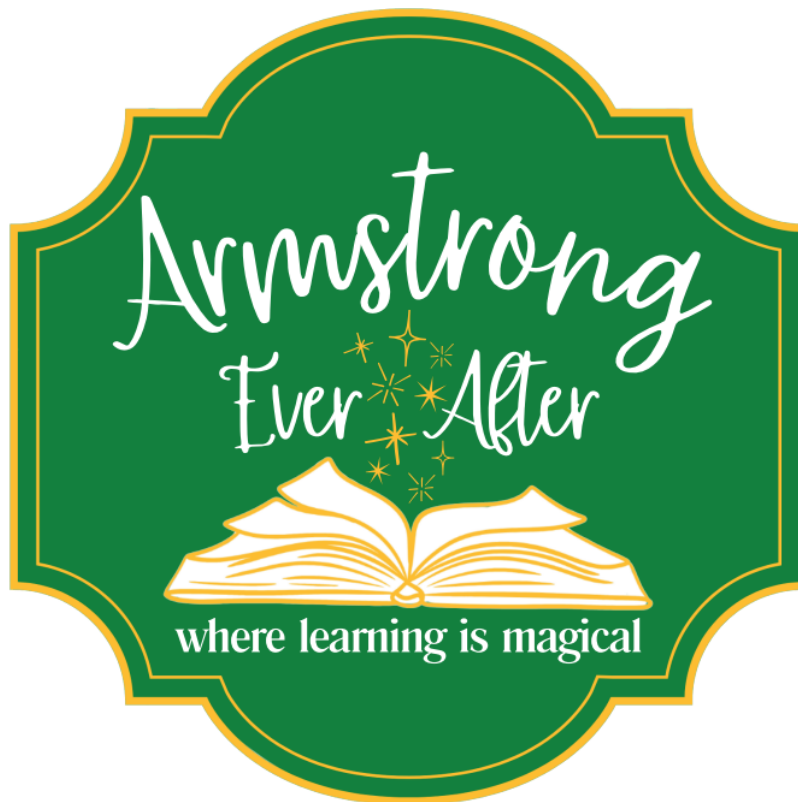
ENROLL NOW

 214-780-3000

 hpsd.org/enrollment



PTA News





✂ BATTLE OF THE CROWN ✂

Armstrong Elementary Field Day 2026

Hear ye, hear ye!

The Knights, queens, and champions... it's time to take the field!
Join us for the ultimate last-day-of-school showdown filled with games,
laughs, and friendly competition!

👑 The Festivities Await 👑

⚡ Action-packed class competitions

🎁 A brand new surprise event this year!

🍽 Lunch provided for all (cafeteria closed!)

Royal Attire T-shirts will go home the week of 5/18!

✂ SCHEDULES: ✂

FIELD DAY

Pre-K:	8:00 - 8:25am
Kinder:	8:30 - 9:15am
1 st Grade:	9:20 - 10:05 am
2 nd Grade:	10:10 - 10:55 am
3 rd Grade:	11:00 - 11:45 am
4 th Grade:	11:55 - 12:40pm
Early Release:	1pm

LUNCH

Pre-K:	10:40-11:10
Kinder:	11:00-11:35
4 th Grade:	11:10-11:45
1 st Grade:	11:20-11:55
2 nd Grade:	11:40-12:15
3 rd Grade:	12:00-12:35

Questions? Ask co-chairs Morgan Bass, Kristen Sweek, and Amanda Toussaint



If you've not had a shift in the Armstrong Cafeteria this year, it's time to sign up to serve with us in 2026-67.

Shifts are for the same day of the month e.g. 2nd Tue, 3rd Thu, 5th Fri and recur throughout the year. Dads and moms are welcome any days of the week, but 2nd, 4th and 5th are designated Dads Club days.

25 shifts are open 1st - 4th weeks
<10 shifts for less frequent 5th week

Let me know your preferences and I will work to find a shift that works for you.
e.g. any day, 2nd Tue, any Tue or Thu, etc.

Write to cafevolunteer@armstrongpta.org or 214-998-9458

We need your help!

The Spirit Shop needs your help! We currently don't have volunteers signed up for the rest of the year, (Mondays and Wednesdays) and the kids absolutely love when the store is open. The shift is just 7:30–8:00 AM, and it's a fun and easy way to get involved. Even better, it's a great activity to do with your child—they'll love helping out and seeing their friends before school. If you have a morning to spare, we'd be so grateful for your help!

Sign up here: <https://signup.com/go/woPTHbv>



PTA Feedback Form



Community News





Camp Invention®

Spark your child's curiosity and creativity at Camp Invention®! This nationally acclaimed program for rising 1-6 students comes to University Park Elementary from June 22-25 (Monday-Thursday), 9am-3pm. Come join us for all new, hands-on STEM fun!

This year's challenges include:

Miniaturizing innovations, creating patents, and protecting creations from infringers!



Riding waves with surfboard innovations!



Investigate clues and evidence to uncover a case of capybara's fluffy fur.

Students launch a mission to transform a faraway planet's atmosphere, terrain and ecosystem for future habitation.



Camp Invention: Spark! (grades 1-6), Mon. - Thurs., June 22-25, 9:00 am - 3:00 pm
Cost: \$501.00 (includes \$1.00 in fees)

Camp Instructors: Maria Morga and Katherine Walters from Armstrong 4th grade

Register today [here](#) OR check out the Academy for Lifelong Learning catalog on the HPISD website!

Questions? Contact Maria Morga at morgam@hpsid.org





Inspired Fringe for Girls

Perfect for
Belles Camp and
HP Games!

Created by a
third grader at
Armstrong!



shopCFDS.com





Join the 20th year of summer fun at Competitor's Edge Camp

Dodgeball, Knockout, Whiffle Ball, Aerial FB, Tug of War, Kickball, and Capture the Fl

Grab a friend, Join a team, Compete, and Win a Championship

June 22-25 and July 6-9 at Highland Park Indoor

www.Scotsillustrated.com/HTCamps

3 DIVISIONS Elementary(3,4), Jr.(5,6), Sr(7,8,9)

******BACK AGAIN! – PAIR UP WITH A FRIEND OR
BE A FREE AGENT AND CHOOSE YOUR TEAM!******

DON'T MISS THE MOST FUN IN HIGHLAND PARK!

"Competitor's Edge" Camps

20th ANNUAL

Camp 1 -(June 22-June 25) Camp 2 -(July 6-9)

Entering Grades 3-4 – ELEMENTARY DIVISION

Entering Grades 5-6 – JR. DIVISION

Entering Grades 7-9 – SR. DIVISION

Multi Purpose Athletic Center (Indoor)

9 a.m. – 12 p.m.

COST: \$220 (Camp 1) and (Camp 2), \$240 walk up day of camp

BOTH CAMPS \$340

*****DISTRICT POLICY – NO REFUNDS WITHIN 30 DAYS OF CAMP *****

- **This Camp will Feature:**
- **COACH WELLS – H.P. ASST. HEAD COACH VARSITY FOOTBALL / HEAD POWERLIFTING**
- **COACHES EASON, BLAIR AND STRINGER – M.I.S., HPMS, AND VARSITY COACHES**
- **CURRENT AND FORMER SCOT ATHLETES**
- **TEAMWORK / MOTIVATION / GAMES / COMPETITION**
- **AGE APPROPRIATE GROUPS**
- **Competitor's Edge T-SHIRT**
- **DODGEBALL / AERIAL FOOTBALL / KICKBALL / CAPTURE THE FLAG / WHIFFLE BALL
TUG OF WAR, KNOCK-OUT, RELAYS & MORE**
- **LEAD YOUR TEAM TO VICTORY ON CHAMPIONSHIP DAY!**

Questions? Call or e-mail Grayson Wells 972-653-2549; wells@hpsid.org

CAMPER NAME _____ GR. NEXT YR. _____

ADDRESS _____ ZIP _____ PH. _____

PARENT NAME _____ E-MAIL _____

TEAM SELECTION – During team selection on 1st day, players may pair up or pick their team.

CHECK CAMP ATTENDING: Camp 1 (June 22-25) _____ Camp 2 (July 6-9) _____ Both Camps _____

ADULT T-SHIRT SIZE S M L XL XX OR YOUTH T-SHIRT SIZE S M L

PARENT SIGNATURE _____ DATE _____

****"All summer camps are conducted by HPISD coaches and are an enrichment activity of the HPISD."

Register at www.scotsillustrated.com/HTCamps

[Printable form here](#)



ACADEMY FOR LIFELONG LEARNING

SUMMER CLASSES

Register now for outstanding enrichment and learning opportunities for children. There are interesting classes for everyone!



CLASSES START JUNE 1ST 2026



CONTACT US:



214-780-3380



bjorkc@hpsid.org



HP

Tennis Academy



2026 Summer Program
May 26 – August 7

All Academy Brochure





Meadows Museum
**SUMMER
CAMPS**
On sale NOW!



Students entering the 4th through 8th grades are invited to the Meadows Museum's weeklong summer camps, where they can make artworks of their very own! Campers will also have the opportunity to explore art in the museum's galleries and go behind the scenes to view works that are rarely exhibited.

SENSATIONAL SCULPTURES

JUNE 1–5 | 9:00 a.m.–12:00 p.m.

Chisel and carve. Model and mold. We'll explore the different materials used to create three-dimensional works of art, including clay, plaster, and wood.

For rising 6th- through 8th-graders.

PRINTMAKING PALOOZA

JUNE 22–26 | 9:00 a.m.–12:00 p.m.

It's a Printmaking Palooza! This weeklong camp will introduce students to a variety of techniques, such as monoprint, screen printing, Gelli plate printing, and linocut.

For rising 4th- through 6th-graders.

\$200 per child; \$175 for children of SMU students/faculty/staff; \$125 for children of Meadows Museum members at the Individual level and above.

Priority registration for members opens Feb. 2; registration for the public opens Feb. 14.

Register at meadowsmuseumdallas.org/family-programs/







Our practical talk series equips parents, educators, and ministers to navigate life's challenges with resilience and purpose—drawing on mental health insights, faith, and effective communication to inspire lasting transformation.

Youth & Difficult Thoughts: Suicide Prevention, Response, and Postvention | Tuesday, February 10, 6:30-8 pm
Nathaniel R. Strenger, Psy.D., Licensed Psychologist

Talk of teen suicide is terrifying. But, few things are more protective than an informed and collaborating community. At this Inform talk, we will equip parents, ministers, educators, and caregivers to take on an uncomfortable subject with confidence. We'll discuss preventative communication and the role of faith and community in well-being. We'll practice difficult conversations about risk factors and help-seeking. These are the foundations of community suicide prevention, response, and postvention.

Empty Nest: Prepare for Launch | Tuesday, April 14, 6:30-8:00 pm

Carrie Davidson Psy.D., Licensed Psychologist and Clint Donaldson, LPC-S

As we prepare for an empty nest and the launch of kids, how can we have a sustainable relationship with our young adult/college child. When do we step in and when do we step back? How can we encourage our kids to apply faith and values independently of us and be resilient, confident, and self-sufficient.

The Mental Load for Moms | Tuesday, September 1, 6:30-8:00 pm

Katie Campbell, LCSW and Lindsey Parker, LPC

The "mental load" or the invisible, constant, and often exhausting cognitive and emotional labor many moms carry—planning, remembering, organizing, anticipating needs, managing schedules, and keeping the household and family running— is a burdensome weight on Moms. We will help shine a light on the unseen work mothers do, how it impacts mental health, and what healthier balance can look like. Moms will leave with practical resources how every aspect of their lives – relationships, faith, physical well-being, emotional lives – can sync together for contentment and resilience in life.

Holding On and Letting Go: Managing Holiday Grief After Loss | Tuesday, November 3, 6:30-8:00 pm

Sandy Robinson, LPC-S

The holiday season can amplify feelings of grief, especially for empty nesters coping with the loss of parents or adjusting to new family dynamics. This discussion offers a compassionate space to explore how grief intersects with traditions, faith-life, expectations, and emotional well-being during the holidays. Participants will learn practical strategies for honoring memories, managing loneliness, and finding meaning in this season of change.

REGISTRATION

There is no fee to attend, but we ask that you RSVP so we can prepare seating and send you a reminder before the event. To register, go to TheCenterCounseling.org/Inform or scan QR.



Talks are on Tuesdays from 6:30-8:00 pm at our Central Office location at 4305 MacArthur Ave, Dallas, Texas 75209.

Supported by a grant from La Fiesta de las Seis Banderas.



"Learning is a lifelong experience."

The Academy for Lifelong Learning provides:

- Community education and enrichment classes for adults and children
- Extended School Day programs

Register now for outstanding enrichment and learning opportunities for children and adults. There are interesting classes for everyone!



[Classes Here](#)

A Royal Thank You to our Community Sponsors



LAKE SIDE
BANK

**The ten Broeke
Family**



SEWELL

The Tharp Family

Armstrong
Ever After

WHERE LEARNING IS MAGICAL



Armstrong Elementary | 214.780.3100 | 3600 Cornell Ave | Armstrong.hpisd.org

Amanda Hollier, Counselor
214.780.3140

Betsy Cummins, Principal
214.780.3100

214.780.3120

Jamie Condon, Admin
Asst
214.780.3103

Annie Celestino,
Cafeteria
214.780.3125

Lane Arnold
214.780.3102

Attendance Desk
214.780.3100



[PTA Website](#)

[Armstrong Dad's Club](#)

ARattendance@hpsid.org

Thank you to the 2022 - 2023
Armstrong Elementary Community Partners!

Armstrong Elementary | 3600 Cornell Avenue | Dallas, TX 75205 US

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